



SISTERS SHARE LOVE OF VOLUNTEERING

The Kent sisters have volunteered in nine different departments within St. Elizabeth. Marisa encourages her peers to try volunteering: "You should just do it. It always ends up being rewarding. It can be fun and exciting. Don't be afraid to try new things."

The Kent Sisters

Kira, Mia, and Marisa Kent have accumulated more than 740 hours of service through the St. Elizabeth High School Volunteer Program and in doing so have deepened their appreciation for and desire to work in healthcare.

Kira began volunteering in 2020 and continued throughout her high school career. She is now a Personal Care Assistant on 3C Pulmonary in Edgewood. "I tried a bunch of things before a friend recommended volunteering at St. Elizabeth. I have been here ever since, now as an employee. I'm now a freshman at ECU studying Nursing. Volunteering helped me determine my career."

Inspired by their sister, Mia and Marisa began volunteering shortly afterward. Mia shares, "I love that I am here with my sisters. And as volunteers, we are really welcomed by all of the staff. Everyone is so nice."

High School Service Internship Program Applications

Do you know of an upcoming senior in 2024-2025 interested in career opportunities in healthcare?

Volunteer Services has been guiding local high school students to determine their career paths for many years!

Students from approximately 15 local schools spend a portion of their school day at St. Elizabeth collaborating with staff, learning about future career paths in patient care, engineering/facilities, information technology, culinary, business, and business/marketing through service-learning opportunities.

The application process is under way and staff will meet in March to review applicants and interview and select the class of 2024-2025. Last year we interviewed 100 students from 160 applicants, so we are expecting a huge number again this year.

Interested students can learn more about the program by calling Volunteer Services at 859-301-2140.



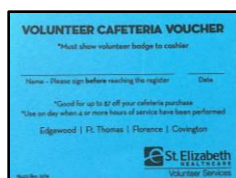
Several 2023-2024 interns during a recent Surgery tour at Edgewood.

Cafeteria Meal Ticket Increases to \$8.00

Cafeteria meal vouchers are increasing to \$8.00 to remain comparable with cafeteria prices! The increase will go into effect on **February 1**.

Volunteers (as well as associates) also enjoy a 10% discount in the cafeteria. The discount does not include any pre-packaged foods or drinks. Remind your cashier!

Please keep in mind that in order to be eligible to use a cafeteria voucher, you must volunteer a **4-hour shift on the day of use**.



National WEAR RED Day- Friday, February 2

February is Heart Month, and as always, St. Elizabeth Healthcare is dedicated to keeping the community a beat ahead of heart disease through education, awareness, and community leadership. Heart disease is the leading cause of death in the United States, as well as Kentucky and Indiana.

To show support, signage at the Edgewood, Florence and Ft. Thomas campuses will be illuminated red all month long. Join St. Elizabeth every Friday and Saturday in February as we celebrate Heart Month by wearing red! If you are volunteering on *Fridays and Saturdays*, you may wear red in place of your volunteer uniform shirt.

St. Elizabeth Blood Drives

Start 2024 donating a gift for life to Hoxworth Blood Center to help those in need in our community. Appointments are encouraged but walk-ins are welcome. Every donor will receive an FC Cincinnati scarf!

February 9 - Edgewood

Blood Drive held in Conference Room L&M

February 12 – Ft. Thomas

Blood Drive held in Conference Room C

February 27 – Dolwick

Blood Drive held in Conference Room 2120, Suite 225.

WELCOME New Volunteers!

Please give a warm welcome to the volunteers who joined our team in **January**:

Robin (Rob) Arnold
Carolyn Chartier
Nancy Ford
Lauren Kohls
Wayne Robertson
Alisha Syed

Celeste Calvito
Nicholas Doud
Peggy Gillard
Ralph Pawsat
Steve Scott

Nominations for Healthcare Week Videos

Healthcare Week is May 12-18, and Marketing is looking for associates/volunteers to star in this year's videos, which focus on those special people who play an outsized role in our community along with their contributions at St. Elizabeth. Are you or a colleague a Little League coach, minister at a church, volunteer or maybe a mentor? If you or a St. E friend are helping to lead the community we call home in some way, send us a nomination!

St. Elizabeth is blessed to have such deep roots within our community. That is one reason our Vision to lead the communities we serve to become among the healthiest in the nation is so important to us. Do you or someone you work with go above and beyond to help our community outside of St. Elizabeth? This can be anything from volunteering to coaching to mentoring to any contribution to our community!

Email marketing@stelizabeth.com with "Healthcare Week Video" in the subject line if you would like to nominate an associate or volunteer. Make sure to include the name and role of the associate or volunteer and why you are nominating yourself or that person.

Nominations are open until Feb. 17! Associates/volunteers who have been selected to be filmed will be contacted. If you have any questions, please email the Marketing Department or call any Volunteer Office.