

# WE ARE HERE TO HELP.

We understand the challenges a pregnant woman can face when she is addicted to drugs. This can be a very scary time because you don't know if it's safe to stop using the drugs, who you can trust, and you may fear legal problems or even losing your baby. Perhaps you feel **hopeless** and **confused**?

**St. Elizabeth Healthcare** has a Clinical Nurse Liaison that specializes in working with pregnant women and new mothers that have used substances during their pregnancy. Our nurse will work closely with you to develop a trusting relationship and help with:

- **Locating addiction treatment resources & support groups**
- **Education about a healthy lifestyle for you and your baby**
- **Education to better understand Neonatal Opiate Withdrawal**
- **Helping you learn how to recognize & respond to your baby's cues**

We want to provide you with the support and tools to help you be successful! 

We know you want the very best for your baby! No matter where you are in your journey, we understand the unique challenges you face during pregnancy and as you begin caring for your baby while working to maintain a healthy lifestyle.

**Stacie Nance BSN, RN**

Clinical Nurse Liaison for Pregnant Women  
with Substance Use Disorder

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**St. Elizabeth**  
HEALTHCARE

Women's Wellness