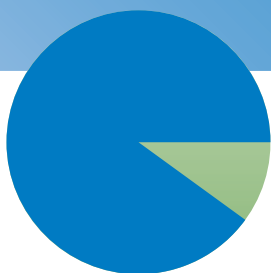


Five Things to Know About **CONCUSSIONS**

90% of most diagnosed concussions do not result in loss of consciousness.

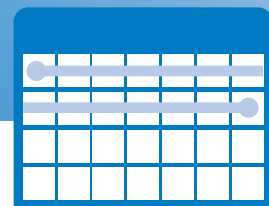


High School athletes sustain an estimated **300,000** concussions annually.



66% of high school concussions occur in competition and **33%** occur during practices.

Average concussion return to play time is **seven to 10 days**.



Concussion rates have **increased annually**.



The Orthopaedic Institute at St. Elizabeth: A partnership between St. Elizabeth Healthcare, St. Elizabeth Physicians and OrthoCincy Orthopaedics & Sports Medicine.

Infographic provided by The Orthopaedic Institute at St. Elizabeth. Source: The National Athletic Trainers' Association.