

HOW TO HELP YOUR CHILD DEVELOP SPEECH AND LANGUAGE SKILLS



Our team at St. Elizabeth Healthcare is here to help your child meet their communication needs. Please see the following resources as a guide to help your child's development.

Ways to Help Your Child:

Listen and respond to your child

Play with your child, expanding play skills as they grow older

Model conversation providing turn taking and model social interaction with others

Read aloud to your child from birth

Teach your child to imitate actions

Create new experiences for your child

Talk with your child in the language you are most comfortable using

Know it is good to teach your child to speak a second language

Talk about what you are doing and what your child is doing, develop dialogue

Expand your child's vocabulary by using many different words

Use longer sentences as your child gets older

Have your child play with other children

Say sounds and words correctly when you talk — it is okay if your child makes some mistakes with sounds

Do not interrupt, stop, or tell your child to slow down while they are speaking

Tell your child to avoid shouting and screaming

Drink water throughout the day

Include quiet time/voice rest during the day

See a doctor if your child sounds hoarse or breathy



Web Resources

Know the Signs!

<https://identifythesigns.org/signs-of-speech-and-language-disorders/> to know the signs of speech and language disorders.



Tips and Milestones!

<https://identifythesigns.org/communicating-with-baby-toolkit/> for tips and milestones from birth to 5 years old.



How Does Your Child Hear and Talk?

<https://www.asha.org/public/speech/development/chart/> for developmental milestones birth to five and parent/caregiver tips.



Activities to Encourage Speech and Language Development!

<https://www.asha.org/public/speech/development/activities-to-encourage-speech-and-language-development/>



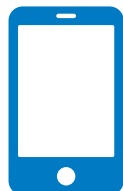
Bright to Text!

<https://identifythesigns.org/wp-content/uploads/2020/12/Bright-by-Text-promo-flyer.pdf> for free text information for tips and resources.



Learn the Signs. Act Early!

<https://www.cdc.gov/ncbddd/actearly/freematerials.html>



For questions and more information, please contact our office at (859) 301-5740.

To schedule an appointment, call (859) 655-7400.

