

# GRIEF SUPPORT GROUPS

St. Elizabeth Hospice offers a full array of grief services for children, teens and adults. We serve the entire Northern Kentucky region. Our services are free and open to all, regardless of whether or not your loved one was cared for by St. Elizabeth Hospice. Prior to joining a support group, camp or an individual session, we request that you contact our bereavement coordinator to arrange a consultation.

Times and locations are subject to change. For the most current information on our support group times, virtual options and locations, please contact us by phone at (859) 301-4611. To register, contact us by email at [stars@stelizabeth.com](mailto:stars@stelizabeth.com).

<b>Adult Daughters Group</b> Group for women who have lost a parent or parent-figure.	Meets the 1st Wednesday of each month from 3 – 4:30 PM  Community Grief Center
<b>'A Widow's Life' Spouse Loss for Women</b> Group for women whose partner, spouse or significant other has died.	Meets the 3rd Wednesday of each month from 3- 4:30 PM -OR- Meets the 2nd Tuesday of each month from 6-7:00 PM Community Grief Center
<b>PEACE Group</b> Group for people coping with a death resulting from substance use disorder.	Meets the 3rd Thursday of each month from 6-7:30 PM Community Grief Center
<b>HOPE Group</b> Group for parents who have lost a child of any age.	Meets the 3rd Tuesday of each month from 6 – 7:30 PM Community Grief Center
<b>Men's Huddle</b> Group for men whose wife, partner or significant other has died.	Meets the 3rd Friday morning of each month from 9 – 10:30 AM Community Grief Center
<b>Parent Loss for Adults</b> Group for adults (ages 18+) whose parent has died.	Meets the 2nd Wednesday of each month from 6:00 – 7:00 PM Community Grief Center

# GRIEF EVENTS & CLASSES

St. Elizabeth Hospice also offers several grief-focused events and classes for children, teens and adults.

Times and locations are subject to change. For the most current information on our event times, virtual options and locations, please contact us by phone at (859) 301-4611. To register, contact us by email at [stars@stelizabeth.com](mailto:stars@stelizabeth.com).

<p><b>Equine Adventure Camps</b> Week-long camps include interaction with and care of horses, fishing, hiking, archery and games to promote healing from loss due to death.</p>	<p>2-3 Camp Session per year in summer and/or spring at the New Day Ranch in Verona, KY. Children ages 8-18 are eligible to attend. Please call for next offering.</p>
<p><b>STARS Semester Program (school year)</b> Educational program for kids aged PreK - 12th grade and their families.</p>	<p>Bi-annual 6 week session offered weekly on Thursdays from 4:30-6:00 PM. Locations vary. Please call for next offering.</p>
<p><b>Getting Through the Holidays</b> An educational class offered to help individuals cope with loss during the holiday season.</p>	<p>Held annually in the fall. Class determined by registration demand, please call for next offering.</p>

The St. Elizabeth Community Grief Center is located at 483 South Loop Dr, in Edgewood, KY 41017.

You may also visit us on our website for the most up to date information: [stelizabeth.com/grief support](http://stelizabeth.com/grief-support)