

# HeartSaver First Aid CPR AED



What does this course teach?

- First aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies
- Adult CPR and AED use
- Child CPR AED and Infant CPR
- Opioid-associated life-threatening emergencies
- Illness and injury prevention

The AHA's Heartsaver® First Aid CPR AED course trains participants with little to no medical training to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. Heartsaver® curriculums reflect science and education from the *American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC)*.

## Description

Heartsaver® First Aid CPR AED provides students the highest quality training in the lifesaving skills of first aid, CPR, and use of an AED. This course empowers students to act with confidence in the event of an emergency at work, home, or in the community. Students who successfully complete the online course and skills session, will receive a Heartsaver® First Aid CPR AED Course Completion card, valid for two years.

Heartsaver® First Aid CPR AED is available in two different training methods – blended learning and classroom training. Both Heartsaver® First Aid CPR AED course options teach the same AHA science-based skills and result in the same AHA Course Completion Card.

- **Blended Learning** – Students complete online HeartSaver learning modules followed by hands on skills session. Students must complete hands-on skills session with an AHA Instructor to complete certification.
- **Traditional Classroom** – This certification course is Instructor Led with a practice-while-watching AHA video format that includes focused skills learning and assessments throughout the program.

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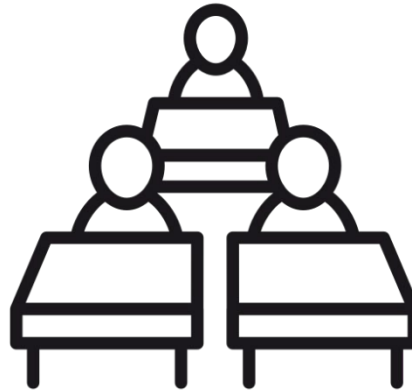
## Blended Learning Heartsaver First Aid CPR AED Certification Course

Heartsaver® First Aid CPR AED. This course includes adult, child and infant CPR as well as first aid. The Basic CPR AED course is a modular program that teaches lay rescuers how to recognize and treat life-threatening emergencies. This class focuses on the adult, child and infant victim and the use of the Automated External Defibrillator (AED). The Basic First Aid course is designed for the lay rescuer responding to emergency situations in the workplace, home and community. The course utilizes four core modules: 1) General Principles 2) Medical Emergencies 3) Injury Emergencies 4) Environmental Emergencies. The modules contain information for lay rescuers on how to manage illness and injuries in the first few minutes until professional help arrives.

<b>Format</b>	Blended Learning online portion followed by hands on skills session  Heartsaver® First Aid CPR AED Online is the eLearning portion of the Heartsaver® First Aid CPR AED Blended Learning Course and is designed to teach students information needed for first aid, CPR, and AED training
<b>Course Completion</b>	Upon completion of the online portion, students must complete hands-on skills session with an AHA BLS or Heartsaver Instructor
<b>Time</b>	Online course requires 2-3 hours to complete Required hands-on skills session averages 2 hours to complete <i>*Individual learner times may vary</i>
<b>Completion Card</b>	Heartsaver® First Aid CPR AED Course Completion Card, valid for two years
<b>Accessibility</b>	Includes audio and transcript for any students who may have a hearing or visual disability Screen and text-size options help meet diverse learning needs
<b>Features</b>	<ul style="list-style-type: none"> <li>• Video-based course ensures consistency</li> <li>• Instructor led, hands-on class format reinforces skills proficiency</li> <li>• Self-paced; can be completed wherever Internet access is available</li> <li>• Includes interactive exercises and videos</li> <li>• Provides access to all information in the online portion for 24 months after activation of the course key</li> </ul>



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## Instructor Led HeartSaver First Aid CPR AED Certification Course

This course is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrives. This course uses AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills.

<b>Curriculum Provider</b>	American Heart Association
<b>Format</b>	<p>Instructor Led video-based learning with skills verification</p> <p>This certification course is Instructor led with a practice-while-watching AHA video format and includes focused skills learning and assessments throughout the program. The content is based on the most current AHA science and is designed for individuals with limited or no medical training experience who need a course completion card in first aid, CPR and AED use to meet job, regulatory or other requirements.</p>
<b>Time</b>	The classroom course can be completed in 3 hours
<b>Completion Card</b>	Heartsaver® First Aid CPR AED Course Completion Card, valid for two years
<b>Features</b>	<ul style="list-style-type: none"><li>• Updated to reflect new science from the <i>2020 AHA Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care</i> and the <i>2020 American Heart Association and American Red Cross Update for First Aid</i></li><li>• Video-based lessons ensure consistency</li><li>• Instructor led, practice format reinforces skills proficiency</li><li>• Ideal for learners who prefer group interaction and feedback from an instructor</li><li>• Structured learning environment</li></ul>