

# HeartSaver CPR AED



What does this course teach?

- Adult CPR and AED
- Child CPR AED
- Infant CPR
- Opioid-associated life-threatening emergencies
- Illness and injury prevention
- Describe when and how to help a choking victim of all ages

The Heartsaver® CPR AED course trains participants to perform CPR and use an automated external defibrillator (AED) in a safe, timely, and effective manner. The curriculum reflects science and education from the *American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC)*.

The AHA Heartsaver® CPR AED Course is designed for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements.

## Description

Heartsaver® CPR AED provides students the highest quality training in the lifesaving skills of CPR and the use of an AED. This course empowers students to act with confidence in the event of an emergency at work, home, or in the community. Students who successfully complete the online course and skills session will receive a Heartsaver® CPR AED Course Completion card, valid for two years.

Heartsaver® CPR AED is available in two different training methods – blended learning and classroom training. Both Heartsaver® CPR AED course options teach the same AHA science-based skills and result in the same AHA Course Completion Card.

- **Blended Learning** – Students complete online Heartsaver® learning modules followed by hands on skills session. Students must complete hands-on skills session with an AHA Instructor to complete certification.
- **Traditional Classroom** – This certification course is Instructor Led with a practice-while-watching AHA video format that includes focused skills learning and assessments throughout the program.

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## Blended Learning Heartsaver CPR AED Certification Course

The Basic Heartsaver® CPR AED course is a modular program that teaches lay rescuers how to recognize and treat life-threatening emergencies. This class focuses on CPR and AED training for the adult, child and infant. Modules include the Chain of Survival, signs and symptoms of cardiac arrest, the ABC's of CPR, rescue breathing techniques and how to deal with a choking victim. Upon successful completion of this course, students receive a course completion card valid for two years.

<b>Format</b>	Blended Learning online portion followed by hands on skills session  Heartsaver® CPR AED Online is the eLearning portion of the Heartsaver® CPR AED Blended Learning Course and is designed to teach students information needed for CPR and AED training
<b>Course Completion</b>	Upon completion of the online portion, students must complete hands-on skills session with an AHA BLS or Heartsaver Instructor
<b>Time</b>	Online course requires approximately two hours to complete Hands-on skills session averages one hour to complete <i>*Individual learner times may vary</i>
<b>Completion Card</b>	Heartsaver® CPR AED Course Completion Card, valid for two years
<b>Accessibility</b>	Includes audio and transcript for any students who may have a hearing or visual disability Screen and text-size options help meet diverse learning needs
<b>Features</b>	<ul style="list-style-type: none"> <li>• Video-based course ensures consistency</li> <li>• Instructor-led, hands-on class format reinforces skills proficiency</li> <li>• Self-paced; can be completed wherever Internet access is available</li> <li>• Includes interactive exercises and videos</li> <li>• Navigation controls provide students with the flexibility to move easily through content and customize their learning experience</li> <li>• Certificate of completion available to print when the online portion has been completed successfully</li> <li>• Provides access to all information in the online portion for 24 months after activation of the course key</li> </ul>

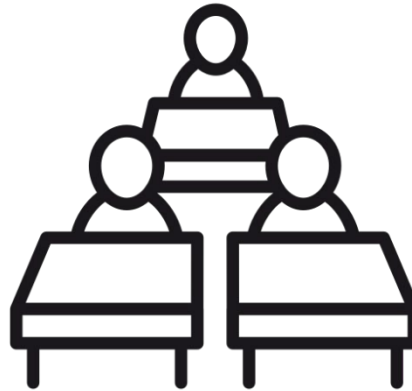


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## Instructor Led HeartSaver CPR AED Certification Course

This course is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students’ learning of skills.

<b>Curriculum Provider</b>	American Heart Association
<b>Format</b>	Instructor Led video-based learning with skills verification  This certification course is Instructor Led with a practice-while-watching AHA video format and includes focused skills learning and assessments throughout the program. The content is based on the most current AHA science and is designed for individuals with limited or no medical training experience who need a course completion card in CPR and AED use to meet job, regulatory or other requirements.
<b>Time</b>	The classroom course can be completed in 2 hours
<b>Completion Card</b>	Heartsaver® CPR AED Course Completion Card, valid for two years
<b>Features</b>	<ul style="list-style-type: none"> <li>• Updated to reflect new science from the 2020 AHA Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care</li> <li>• Video-based lessons ensure consistency</li> <li>• Structured learning environment</li> <li>• Instructor-led, practice format reinforces skills proficiency</li> <li>• Ideal for learners who prefer group interaction and feedback from an Instructor</li> </ul>