

How to get your tobacco cessation medications covered at a reduced rate.

Quitting smoking is not easy. Medications can help decrease or stop your withdrawal symptoms.

Did you know that over the counter and prescription tobacco cessation medications are available in most circumstances at a reduced rate? In some circumstances, they are even covered at zero cost.

- **Call your insurance provider** and ask if over the counter Nicotine Replacement Therapy is covered on the plan if you have a doctor's prescription. Most plans will cover these options as long as your physician ordered them.

Examples of these over the counter products would be: Nicotine Replacement Gum, Nicotine Replacement lozenge, Nicotine Replacement Patch.

- **Call your insurance provider** and ask if prescription tobacco cessation medications are covered. Most policies will cover these medications. They may require a prior authorization from your provider when submitting the prescription.

Be sure to ask what specific drugs are covered - Does that medication require a prior authorization? Do you need to fail Bupropion sustained released tablets (generic Zyban) or Wellbutrin before you can use Chantix?

Examples of these products are: Bupropion sustained released tablets (generic Zyban), Wellbutrin, Chantix.

Drug manufacturers offer discounts and cost saving programs. You can access these by going to the manufacturers website and looking at the medications you are seeking assistance with:

Chantix Tablet

- Chantix offers savings up to \$75 on your monthly prescription.
- If you have no insurance and need assistance call 1-844-989-PATH (7284) and ask for the medicine access counselor.

Nicotrol Inhaler

- Visit nicotrol.com to download and print coupons.
- If you have no insurance and need assistance call 1-844-989-PATH (7284) and ask for the medicine access counselor.

Nicotrol Nasal Spray

- If you have no insurance and need assistance call 1-844-989-PATH (7284) and ask for the medicine access counselor.