



30th **Health Ministries Association** **2019 National Conference**

Faith Based Approaches to Cultivate Healthier Communities

October 11 - 14, 2019

St. Elizabeth Training and Educational Center
3861 Olympic Blvd., Erlanger, KY

Statement of Purpose/Objectives:

- Engage individuals nationwide who practice at the intersection of faith and health.
- Examine whole person health as a dynamic process that embodies integration of spiritual, physical, mental and social dimensions.
- Discuss approaches and impact of collaborative partnerships that are key to building healthier communities.

website - HMAAssoc.org





2019 Health Ministries Association

30th

Annual Conference

A Message From the President



The 2019 Health Ministries Association (HMA) annual meeting and conference is on the horizon! This year's edition of our event promises to continue our tradition of engaging speakers, informative workshops, inspiring poster presentations, and uplifting entertainment. On top of all this, we'll be celebrating the 30 years of HMA's work and impact. You won't want to miss this—and we don't want to miss your being with us!

Please look over this conference brochure and take in the wealth of educational, spiritual, and networking opportunities being offered. Consider the friends, new and old, to be met; ideas to take home for your health ministries; the break for your body, mind, and spirit to enjoy. Then reserve the time on your calendar and complete your registration form. Invite someone to attend with you. We can't wait to see you all!

Peace,
Rev. Karen MacDonald, M.Div.
 HMA President



Conference Site

We are excited to again hold the conference at the St. Elizabeth Training and Education Center (SETEC) in Erlanger, Kentucky, a state-of-the-art educational facility that opened in 2016. SETEC is a meeting, training and conference facility located near the Mineola Pike exit off I-275 and convenient to the Cincinnati/Northern Kentucky International Airport (CVG).



Conference Location



Please Join us in Kentucky!

The planning team is pleased to invite you to the 2019 conference in the Bluegrass state! For those who wish to extend their stay and travel in the area, there is much to see and do throughout Kentucky and the greater Cincinnati, Ohio area. For more information please visit www.kentuckytourism.com or cincinnatiusa.com/.

This year a special outdoor art event, BLINK will also be taking place in Cincinnati and expanding across the historic Roebling Bridge into Covington, KY. BLINK is one of the largest light, art and projection mapping events in the nation. The four-day event (October 10-13) features large-scale projection mapping installations, murals, urban artscapes, media light and interactive art. Food and beverages are available and it is free and open to the public. Plan your transportation needs ahead of time if you want to go! Visit www.blinkcincinnati.com/about/ for further information.

Another location of interest to conference attendees has been the Ark Encounter, featuring a full-size Noah's Ark, built according to the dimensions given in the Bible. Spanning 510 feet long, 85 feet wide, and 51 feet high, this modern engineering marvel amazes visitors, young and old. It is located in Williamstown, KY, about 30 miles south of Erlanger and right off I-75. For more information please visit arkencounter.com/about/.

As you can see with so much to experience at the conference along with the variety of options to expand your stay we are certain you will be glad you joined us again in Kentucky!

Hotel Accommodations & Room Rates

We again have two hotels to choose from and both are located on the same block as the conference site. Be sure to book your hotel room soon!

If you want to expand your visit, discounted HMA conference rates start 10/10/19 and end 10/16/19. Last day to book is 9/26/19.

Courtyard Cincinnati Airport: 3990 Olympic Blvd., Erlanger, KY 41018

Reservations phone: 859-647-9900
\$112.00 USD per night (includes daily continental breakfast).

Residence Inn Cincinnati Airport:
2811 Circleport Drive, Erlanger, KY 41018

Reservations phone: 859-282-7400
\$129.00-\$179.00 USD per night.
(includes daily buffet breakfast).

All rates include:

- Breakfast - Friday, Saturday, and Sunday
- Free parking
- 24/7 airport shuttle transportation
- Complimentary shuttle service to/from hotels to the SETEC facility

Note: All room rates are subject to local sales tax and occupancy taxes. Current rates are 12.36% total. Tax exemptions will be accommodated with Certificate of Tax Exemption.

Reservations can be made by calling the hotels directly to 859-282-7400 (Residence Inn) or 859-647-9900 (Courtyard), or on the HMAAssoc.org [Upcoming Conferences page](#). Click on the Accommodations tab and the link to online registration can be found there.

Airport

Cincinnati/Northern Kentucky International Airport is located just 2 miles from the conference location. It serves the Greater Cincinnati metropolitan area as well as portions of Northern Kentucky. Details about making shuttle arrangements with the conference hotels will be included in attendee's registration confirmation.





2019 Health Ministries Association

30th

Keynote Speakers

LaMorris Crawford, BS, MS – Saturday, October 12th: *So What Now?*



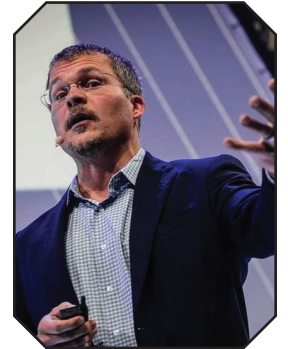
Do you sometimes feel that life has not dealt you the hand that you expected? How do you respond in life when things do not go the way you planned? What do you do when you feel like you are not seeing God’s promises? What do you do when life has pinned you against the wall? God has something to say about every circumstance we face in life. How we decide to posture ourselves before the King, can determine how the King responds to us. Every circumstance in our lives is influenced by faith, which can determine how we ask the question, “So What Now?” and move forward in hope.



Shane Meeker – Saturday, October 12th: *A Movie Guide to Better Program Stories*

More than ever, there is one thing that truly separates many brands and companies today - that one thing is STORY. It’s no longer just what people buy, it’s what they buy into. When it comes to connecting, teaching, influencing, and inspiring others, a story will make whatever you say more impactful.

As a nationally recognized storyteller, story trainer and recent author, Shane Meeker, knows the challenges that businesses and brands experience as they try to stand out in a crowded marketplace. After years of research and study in the film industry he created a way to take his favorite movies, books and TV shows and apply their story methods to the branding world. In fact, he often tells audiences that you can solve almost any business problem with what works in Star Wars (don’t worry, he will explain how).



Kay Francis, MBA, BS, CSP – Saturday, October 12th: *Laugh! Just for the HEALTH of it!*



Feeling stressed? Worried about change? It’s Kay Frances to the STRESS-cue! In our frenzied world, people need to be reminded of the importance of keeping our sense of humor, (yes, it’s okay to laugh!) managing our stress and taking care of our health. Kay believes that the best healthcare “plan” involves actually making a PLAN to do all that we can to take care of ourselves; physically, mentally, emotionally and spiritually. Kay doesn’t preach from an ivory tower, but rather shares her experience as she has done everything you are NOT supposed to do! It was a long, winding, hilarious journey back to wellness and she happily shares what she learned along the way. With a degree in Health and Physical Education, Kay has the expertise that people need to put wellness at the top of their “to-do” list.

Go to HMAssoc.org to read the biographies of the 2019 speakers

Thank you to the entire team for an outstanding conference! It was a beautiful venue, with wonderful accommodations and relevant content! - 2018 conference attendee



2019 Health Ministries Association

30th

Keynote Speakers Cont.

Dana Trent, M.Div. – Sunday, October 13th: *Living Wholly, Serving Faithfully: Contemporary Issues and Practices in Health Ministries*

What contemporary challenges face the world of Health Ministries? What faith-based approaches might we embrace to cultivate and equip healthier faith communities for the 21st century? This keynote will explore modern issues facing our communities, educate us in best-practices, and empower us to live wholly and serve faithfully in the era of 24/7.



Glen Evans, BA, EMT-B – Monday, October 14th: *Safety in Today's World: Is Your Faith Community Ready?*



Faith communities have become laser focused on safety and security due to high profile attacks in the United States. The safety ministry movement has grown rapidly in the last ten years in response to the seemingly increasing crimes perpetrated against local faith communities nationwide.

Attendees will hear a debrief of the September 2017 Antioch, Tennessee church attack and the decisions three key people made that saved lives and stopped the attack before police and medical personnel arrived. Learn how local faith communities are organizing safety team ministries, best practices and skills necessary, and how planning can save parishioners from the heartache of criminal victimization through abuse, assault, robbery, theft, and gun violence.

Participants will take away specific life saving strategies and understand how the human body was designed to survive critical incidents.

Go to HMAAssoc.org to read the biographies of the 2019 speakers

Please note: Speakers are subject to availability. In the event that a speaker becomes unavailable, the conference planners reserve the right to schedule an alternate presenter while maintaining the integrity of the learning objectives.

Conference Sponsorships

HMA invites you to showcase your company or program at our 30th conference in Kentucky through conference sponsorship. A variety of sponsor package opportunities are available on our [Upcoming Conference page](#) at HMAAssoc.org.

Your support enables HMA's vision to be realized by assisting a network of faith and health professionals to develop health ministries that bring needed resources to communities throughout the country. Your sponsorship also highlights for conference attendees your organization's commitment to building healthier communities through collaboration with groups and individuals engaging faith with health.

All sponsors will be listed in the conference program information.

Friday, October 11, 2019

Creating a Good PITCH – Leaving Your Audience Wanting More – Shane Meeker
– also a Keynote Speaker on Saturday, October 12th.

Join us for a session on how to create a powerful ‘elevator pitch’ for your work or ideas. When you have a memorable story about who you are and what your mission is, it transcends boundaries and opens doors. Stories have the power to move us to take action.

Do you know what the most powerful part of your story is, how to share it and leave the audience wanting more? If you are approaching a funder, presenting an idea to church leadership or a board of directors, you need to be able to effectively share the passion and power of your story to engage them.



Creating Sanctuary: Challenges Facing LGBT Youth – Andy Buechel, PhD

Today’s lesbian, gay, bisexual, and transgender (LGBT) community has unique risks and needs from the health care community. All health care providers, those with religious affiliations and those without, interact with LGBT patients and need to know the challenges they face. During this pre-conference session Andy will provide participants information on the following key points:



- Basic ways to help you better communicate with LGBT patients
- Learn the health risks that are common to the LGBT community and their causes
- Understand how health care professionals can help mitigate these risks



Mindfulness: A Practice to Rekindle Your Flame – Kim Lauch, E200RYT, 500RYT, RCYT, YACEP, AADP

What is mindfulness? In this session the definition unfolds as you begin to cultivate awareness through holistic practices. You will learn how to maintain a mindful state. In stressful situations, you can be fully present, aware of where you are, what you are doing, and not be overly reactive or overwhelmed by what’s going on around you. It’s time to wake up to the inner workings of your mental, emotional, and physical processes to gain self-understanding and mindfully respond.

Go to HMAssoc.org to read the biographies of the 2019 presenters

The speakers were of the upmost quality, and there was a great blend of “professional” and “fun.” Such relevant topics and practical resources, too! The schedule was just right, we had full days without being overly exhausted. - 2018 conference attendee

Friday, October 11, 2019

Creating a Good PITCH - Leaving Your Audience Wanting More ~ Shane Meeker ~

Full day – Pre-conference A – 8:00 am - 3:45 pm

8:00am – 8:45am	Registration
8:45am – 9:00am	Welcome, Introductions, Opening
9:00am – 10:30am	Session one
10:30am – 10:45am	Break
10:45am – 12:00pm	Session two
12:00pm – 12:45pm	Lunch and Networking
12:45pm – 2:15pm	Session three
2:15pm – 2:30pm	Break
2:30pm – 3:30pm	Session four
3:30pm – 3:45pm	Evaluation and closing

Creating Sanctuary: Challenges Facing LGBT Youth ~ Andy Buechel, PhD ~

Half day – Pre-conference B – 8:00 am - 12:15 pm

8:00am – 8:45am	Registration
8:45am – 9:00am	Welcome, Introductions, Opening
9:00am – 10:30am	Session one
10:30am – 10:45am	Break
10:45am – 12:00pm	Session two
12:00pm – 12:15pm	Evaluation and Closing

Mindfulness: A Practice to Rekindle Your Flame ~ Kim Lauch, E200RYT, 500RYT, RCYT, YACEP, AADP ~

Half day Pre-conference C – 12:15 pm - 4:15 pm

12:15pm – 12:45pm	Registration
12:45pm – 1:00pm	Welcome, Introductions, Opening
1:00pm – 2:30pm	Session one
2:30pm – 2:45pm	Break
2:45pm – 4:00pm	Session two
4:00pm – 4:15pm	Evaluation and Closing

2019 Exhibitors

The Health Ministries Association invites you to showcase your services at our 30th Conference in Erlanger, KY! This is an excellent opportunity to network with faith community nurses, health ministers, clergy and others representing health care agencies, faith communities, health clinics/hospitals, colleges/universities from across the nation.

For complete information on exhibiting, please visit our [Conference page](#) at HMAAssoc.org



2018 Conference Exhibitors

Thank you for all your hard work—you host a very organized meeting and the participants were great and the venue was a 10! - 2018 conference attendee



Concurrent Sessions

Session One: Saturday, October 12, 2019

Time: 10:45am – 12:00pm

1-A. Adverse Childhood Experiences (ACEs): Mitigating Their Impact Through Trauma Informed Programing – Rev. Mary Laymon, DMin, MAS, MDiv

Almost 15 years ago the Center for Disease Control published data from their Adverse Childhood Experiences (ACE) survey revealing that the gravest and most costly public health concern in the United States was child abuse. Recent research into the way trauma affects the brain and body reveals how trauma impacts multiple emotional and biological systems, thus requiring a variety of treatment options. Some of the therapies that help trauma survivors heal involve elements inherent in farm work like gardening and working with animals.

Rev. Laymon will discuss the common ACEs and the outcomes commonly associated with childhood trauma. She will then discuss how trauma aware programming at Tikkun Farm, an urban farm located in Mt. Healthy, Cincinnati, can build resilience in children who have experienced childhood trauma.

1-B. Changing the Trajectory: How Palliative Care Improves Quality of Life Across the Care Continuum – Elizabeth Delaney, DNP, CNS, FNP-BC, OCN, ACHPN

Advances in healthcare treatment and technology have led to increasing numbers of infants, children, adolescents, and adults living with serious illness or injury. The resulting burden and demands of treatment require patients, families and their caregivers to make difficult decisions around continuing or changing treatment approaches. Effective palliative care incorporates a multidisciplinary approach that includes the family and makes use of available community resources; it can be successfully implemented even when resources are limited. This presentation will discuss the differences between hospice and palliative care and how they can improve quality of life; for both patients, families and caregivers, for all ages and at all stages of care.

Session Two: Sunday, October 13, 2019

Time: 11:00am – 12:15pm

2-A. Practices and Spiritual Care for the Dying and Bereaved – J. Dana Trent, MDiv.

There are many contemporary challenges facing Health Ministries professionals as they promote wholistic health in faith-based communities. As they aspire to engage, educate, and empower their constituents in the integration of faith and health, this workshop will invite them to explore and focus on relevant issues both in the world of Health Ministries, as well as that which is vital to practitioners continued spiritual care. This workshop will be focused on end-of-life planning, palliative care, and grief. It will provide additional evidence-based practices to support faith-based approaches that engage, educate, and equip faith communities facing gaps in end-of-life planning, care, and grief.

2-B. Life and Death: A Community Approach to Preventing Suicide – Cari Moodie, BSN, RN & Christy Porter, LMSW

In 2017 there were 1.4 million suicide attempts nationally. Suicide is the third leading cause of death for individuals age 15 – 24 and rates continue to climb every year. This workshop will discuss the signs and symptoms of depression and suicidality as well as the risk factors associated with this growing concern. It will include education on responding to those concerns using ACT (acknowledge, care, tell) and will identify resources that can assist faith communities to implement suicide prevention programming through youth groups and schools.

This was my first time attending the annual HMA conference, and I can say that it was truly one of the best conferences I have ever attended. I appreciate the care and effort that went into every detail. The theme came through clearly, but there was a good variety of topics and speakers so that I didn't feel like I was hearing the same thing over and over. - 2018 conference attendee



Concurrent Sessions Cont.

Session Three: Sunday, October 13, 2019

Time: 2:00pm – 3:15pm

3-A. *Moving into Community: Development of Neighborhood Nurse Centers* – Cynthia Wacker, MSN/Ed, RN

This presentation will provide an overview of a Faith Community Nurse practice in a neighborhood setting including clinical care, community partnering and impact. Staffed by registered nurses, the Centura Health Penrose-St. Francis Faith Community Nurse program serves medically underserved members of the community. The program has grown over the past 20 years to five locations which collaborate with numerous faith-based, non-profit and government organizations. These nurses provide care of the body, mind and spirit while listening to concerns, providing patient education, advocating and connecting people to resources to address needs.

3-B. *Physical Therapy for Older Adults* – Lisa Dehner, PT, BSPT, PhD & Erin Hofmeyer, PT, DPT

This workshop is an introduction to what physical therapists can offer older adults in terms of evaluation and treatment as well as prevention/health and wellness. Discussion will include ways that Faith Community Nurses can promote well elderly check-ups by a physical therapist and a physical therapy referral for declining function. As time allows, popular community health initiatives such as STEADI by the CDC will be reviewed.

Spiritual Offerings

Spiritual care offerings will be integrated throughout the conference to refresh your spirit and refocus your self and being. A special reflection and meditation room will be open for quiet contemplative time. There will be a blessing of hands on Sunday after the ecumenical service. We will begin and end each day of the conference with an intentional Call to Prayer.

Session Four: Sunday, October 13, 2019

Time: 3:45pm – 5:00pm

4-A. *Tai Chi – An Innovative Community Based Program to Address Fall Risk in Older Adults* – Nicole Ayer, BSN, RN-BC

Each year, one in four older adults experiences a fall. An older adult who experiences a fall can experience life-long impact as a result of lost work time, disability and reduced quality of life. Health systems are impacted through reimbursement penalties as a result of readmissions related to falls following hospitalization. These factors result in direct medical costs of \$50 billion annually. The practice of Tai Chi has demonstrated a number of health benefits for older adults including improved well-being (lowered blood pressure, improved sleep quality and decreased pain) and reduced risk of falls. This workshop will discuss how to implement a program using Tai Chi in your congregation or community through the therapeutic benefits of practicing the 8 forms of Tai Chi: Moving for Better Balance.

4-B. *The EPIC Journey and a Three-Year ED Study of those Experiencing Homelessness* – Debbie Garwood, BSN, RN & Charlotte Evans, MSN, RN

This presentation reviews the journey of why and how EPIC was implemented in a Faith Community setting as well as the lessons learned along the way. The Scope and Standards of Faith Community Nurses will be discussed as it relates to Population Health in regard to those who represent our most vulnerable populations. As an example, a three-year study regarding the care of homeless individuals in the ER will be used to examine and answer the question “What do we do now?”

Continuing Education

Contact hours are being determined for this educational activity. St. Elizabeth Medical Center d.b.a. St. Elizabeth Healthcare is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. KBN accepts ANCC hours.

Poster Presentations

Hall of Excellence: A Panel of Poster Presentations

Saturday, October 12, 2019

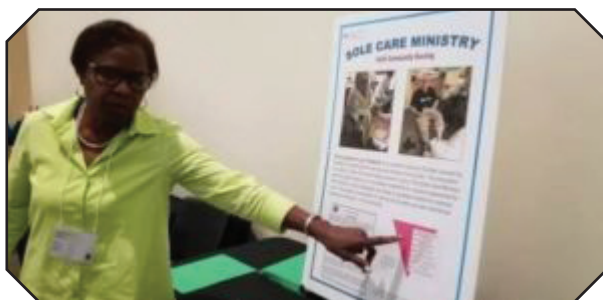
1:45 pm – 3:30 pm

Our unique poster presentations are designed to share programs of excellence in a creative format that has been very well received by past conference attendees. We will again highlight five poster/mini presentations offered in a general session. Each presenter will have the opportunity to share their program of excellence then connect one-on-one with attendees afterwards. We know you will be pleased to learn from these colleagues who are willing to share their outstanding and diverse ministries!

Mosque Community Health Assessment

Nancy Romanchek, BSN, RN, CHPN, MPH

This poster relates to the 2019 conference objectives of both whole person care and the importance of collaborative efforts. This incorporates whole person health within the context of a Mosque Community. The Health Assessment will include spiritual, physical, mental and social dimensions. Program development in response to actual identified needs in the community will necessarily also apply culturally appropriate interventions for this specific population. Collaborative partnerships are important to anchor the Mosque community in the wider community by connecting Mosque members with existing resources already in place, which provide Islamically informed care.



2018 Conference Poster Presentation

Emergency Preparedness Toolkit for Faith-Based Organizations

Deborah Dixson, BSN, RN-BC

Emergency preparedness involves careful planning to prevent and minimize danger. In order to keep faith-based organizations and the individuals within safe, careful preparation is vital. This toolkit contains general information to get the process started. The first step is communication and collaboration between teams involved in emergency preparedness planning. The second step is to assess safety needs by completing surveys included in the toolkit. The guide to using the Toolkit will help to generate a site specific emergency preparedness plan. Recommendations are to review and update the emergency plan as needed.

Presence Under Pressure: Incorporating Intentionality into Blood Pressure Ministry

Angela Combs, MSN, MPH, RN

Full bladder.... +10mmHg. Legs crossed.....+2-8mmHg. Although it may seem common, checking a blood pressure in the faith community presents many challenges and opportunities. The 2017 ACC/AHA hypertension guidelines emphasize proper technique, self-monitoring and patient education. As community based screeners, faith community nurses are well situated to make an impact on the millions of people in the United States with hypertension. Although BP ministries provide a valuable point of contact for care and support, FCNs must be creative when balancing opportunities to utilize evidence based practice and provide intentional support. Twenty one (21) individuals attended a training course on the new BP guidelines addressing issues specific to faith communities. In a pre-post-test evaluation, participants improved in awareness of new guidelines. A 3 month follow-up survey was also distributed to assess the usefulness of supportive tools for BP ministries in faith communities.

Please relay my gratitude to everyone involved in putting together the HMA conference this year. It was my first time attending but, boy, did it knock my socks off. - 2018 conference attendee



Poster Presentations Cont . . .

Come Plan with Us: Desert Community Partners Inspire Full Lives & Meaningful Deaths

Suzanne Morrison, PhD, MDiv

Interfaith Community Services is a key partner within the Arizona End of Life Care Partnership, which originated early in this decade but received a new name and extensive foundation grants during the summer of 2017. We seek to transform the manner in which the people of this state think and talk about death and dying, and we endeavor to engage them in helpful planning for the inevitable. By working together as social service agencies, health clinics, hospices, senior centers, tribal groups, and interested residents we are constructing a model for inspiring individuals, families, and communities to deal with the issues raised by death in culturally appropriate and timely ways. This poster will revolve around our efforts to unite medical professionals, local governments, and overseers of housing complexes, parks and recreations employees, social workers, caregivers, faith communities, legal experts, and volunteers of all stripes in striving to make “the good death” a possibility for the entire population.

Communities of Compassion: Collaboration for Mental Health

Margaret Jacques, MS, RN-BC

“Communities of Compassion” was a mental health educational intervention created for persons working and volunteering in two impoverished zip codes in Peoria, Illinois. A Faith Community Nurse (FCN) with OSF HealthCare Saint Francis Medical Center serves as an outreach nurse to the patrons of Sophia’s Kitchen, a sack lunch ministry program for persons living in and near the impoverished areas, through nearby Sacred Heart Church. The FCN collaborated with designees of the Diocese of Peoria, the Peoria Human Service Center, several faith-based online mental health organizations, the Institutional Review Board (University of Illinois), the Director of Behavioral Health and the research council of the medical center, the local FCN network and multiple Peoria community agencies. The intervention included obtaining grant funding, presenting a mental health educational series, and measuring outcomes with a research approved pre/post-intervention survey, which indicated attendees reported less apprehension and more compassion in interacting with patrons.



2018 Conference Poster Presentation



Denominational Meetings

We have planned our schedule to accommodate requests for denominational meetings on Saturday evening at 7:30 pm. If you would like to schedule meeting space, please contact the HMA office. There is no charge for the space, but for planning purposes, please provide a contact person and an approximate number of people you anticipate attending.



Conference Highlights

30th HMA Anniversary Dinner & Gala

Please join us for an evening of celebration on Sunday October 13th as we rejoice in the achievement of 30 years of service to the faith-health movement.

We want everyone to feel special, so please consider dressing up for the occasion – from business casual to your ‘Sunday best’! We will gather for fellowship at 6:30 pm to connect with friends old and new. Dinner will follow and our evening will also feature musical entertainment by the Northern Kentucky Brotherhood Singers!



The Northern Kentucky Brotherhood Singers is a jubilee-style, a cappella, sacred gospel quartet from Covington, KY. Over Thirty-Two years ago, Ric Jennings formed a five-voice quartet (one lead and four harmony vocalists) out of the renowned Ninth Street Baptist Church Men’s Choir. Since the beginning, this community-based quintet has sung in churches, at special gospel programs, anniversaries, song services and other sacred music events. In any setting, the Brotherhood’s performances inspire feelings of fellowship and recreate the jubilant atmosphere of their home church.

In addition to continuing the traditional role of the gospel quartet, the Brotherhood reaches out to a global audience with both spiritual and secular songs. They have become an annual hit in Spain, and have traveled to Portugal, Italy, Switzerland,

Canada and most recently Russia (courtesy of the CEC ArtsLink, Library of Congress and the Russian Embassy). While all the members have kept their day jobs, the Brotherhood is a unique group that is both locally known and semiprofessional. Their music is rich and complex and arises out of a shared inner-city experience that stresses faith, learning and communicative arts.

Besides gospel, a variety of music including patriotic tunes, Christmas and feel good R&B now round out the group’s repertoire. Typical performances demonstrate their versatility and range and audience engagement for a wonderful evening of musical entertainment.



Constituency Group Meeting

Saturday, October 12, 2019

Noon – 1:15 pm

Constituency group meetings will be conducted over lunch. HMA constituent groups provide focused, in-depth information and connect members with peers who share common interests, affinities and practice settings. Groups will meet as follows:

- Faith community nurses and Program coordinators: Auditorium
- Health ministers & Spiritual leaders: Banquet B

Members Meeting

Monday, October 14, 2019

Noon – 1:00 pm

HMA Annual Members Meeting – Both HMA members and non-members are encouraged to attend our annual meeting. Learn more about the organization, network with colleagues and hear about new and upcoming plans.



Conference Registration

Registration Fees

2019 Pre-Conference:

Full Day: Member - \$76 Non-Member - \$96

Includes: registration for full day pre-conference, session materials, continuing education and lunch on Friday, Oct. 11th

Note: Combining two half day sessions constitutes a full day registration and includes lunch.

Half Day: Member - \$32 Non-Member - \$42

Includes: registration for one half-day pre-conference session, materials, continuing education and break snacks on Friday, October 11th.

Full Conference:

Member - \$410.00 Non-Member - \$490.00

Includes: registration for 5 keynote speakers, 4 concurrent sessions, award luncheon, Hall of Excellence poster session, conference materials, lunch and dinner on 10/12, lunch & gala dinner on 10/13, and breakfast buffet and conference closing on 10/14.

Day 1 (10/12) OR Day 2 (10/13) Only Option:

Member - \$164 Non-Member - \$198

Includes: registration for keynote speaker(s) on chosen day, concurrent sessions, and conference materials, lunch and dinner on chosen day.

Day 3 (10/14) Only Option:

Member - \$82 Non-Member - \$99

Includes: registration for breakfast buffet and keynote speaker, conference materials, continuing education and conference closing.

Gala Dinner: Sunday Evening 10/13

Ticket: \$50 – Gala dinner and evening entertainment.
Guest meal packages options will be available during on line registration.

Deadline for registration: September 20, 2019

NOTE: If you stay at either the Courtyard Marriott or Residence Inn, your breakfast is also included in your room rate! Hotel accommodations may be booked directly online.

For more information go to the HMAAssoc.org [Upcoming Conferences page](#) and click on the Accommodations tab below. The link to online registration can be found there. Reservations may also be made by calling the hotels directly at 859-282-7400 (Residence Inn) or 859-647-9900 (Courtyard).

Registration Deadline: Registration w/payment must be submitted by Friday, Sept. 20, 2019. Conference registrations are not confirmed until full payment is received (HMA Office: P.O. Box 60042, Dayton, OH. 45406).

Conference Registration Instructions

1. Conference registration is online only. Go to the Upcoming Conference page and click on the "Register Now" button. (Registration will open late May)
2. A separate window will open. Click "Register" to begin. On the next page, you will complete name, email and select the type of registration (i.e. Member, Non-Member, etc.); Click 'Next' button. This page includes these sections: additional person information, contact information, invite others, and registration questions. Complete the sections and click 'Next' button.
3. This page includes more registration items. You have the option to select pre-conference, full conference, individual days, or a combination. Click Next button.
4. This page lists your selections with the related fees; scroll down to select pre-conference selections (if applicable) and applicable concurrent workshop sessions based on your registration (i.e. full conference includes 4 concurrent workshop sessions; you will need to choose one option from each of the 4). Click the Next button.
5. Networking appointments – select if you would like other registrants to be able to send you requests for networking appointments. Click 'Next' button.
6. This page will allow you to add a guest (i.e. spouse, significant other) or proceed by clicking Next button.
7. Review registration summary carefully. Click 'Next' button.
8. Submit payment – choose your payment method. Be sure to agree to the terms & conditions.
 - Discount Code – if you have been provided a discount code, please enter it in the appropriate box (i.e. workshop speakers, poster presenters, etc.).
 - Credit card – Complete information & be sure to agree to the terms & conditions; click the Finish button.
 - Pay by check – please send your check as soon as possible w/ copy of registration confirmation. This option can be used if you wish to submit your payment through an organization. Click 'Finish' button.
9. Print a copy of your confirmation for your records.

CANCELLATIONS: All cancellations will be charged a \$50 fee per National Conference Refund policy 10.08. Cancellation before posted deadline will receive full refund minus \$50 fee. No refunds will be given past deadline date. Substitutions are permitted past Sept. 20, 2019 if arranged by the participant AND HMA Office notified.



Conference Schedule

Friday, October 11, 2019

8:00am – 4:15pm Pre-Conference Sessions

Saturday, October 12, 2019

7:30am – 8:30am Registration
 8:30am – 9:00am Call to Prayer/Opening Spiritual Reflection
 9:00am – 10:15am Keynote: LaMorris Crawford, BS, MS – *So What Now?*
 10:15am – 10:45am Break/Exhibitors Open
 10:45am – 12:00pm Concurrent Session One –
 A. *Adverse Childhood Experiences (ACEs)- Mitigating Their Impact Through Trauma Informed Programming*, Rev. Mary Laymon, DMin, MAS, MDiv
 B. *Changing the Trajectory: How Palliative Care Improves Quality of Life Across the Care Continuum*, Elizabeth Delaney, DNP, CNS, FNP-BC, OCN, ACHPN
 12:00pm – 1:15pm Lunch / Constituency Group Sessions
 1:15pm – 1:45pm Break
 1:45pm – 3:30pm Hall of Excellence Poster Presentations
 3:30pm – 4:00pm Break/Exhibitors Open/Poster Review
 4:00pm – 5:15pm Keynote: Shane Meeker – *A Movie Guide to Better Program Stories*
 5:15pm – 5:30pm Break/Exhibitors
 5:30pm – 6:30pm Keynote: Kay Francis, MBA, BS, CSP – *Laugh! Just for the HEALTH of it!*
 6:30pm – 7:30pm Dinner
 7:30pm Adjourn

Sunday, October 13, 2019

8:00am – 8:30am Registration/Exhibitors
 8:30am – 9:15am Ecumenical Prayer Service
 9:15am – 10:30am Keynote: J. Dana Trent, MDiv – *Living Wholly, Serving Faithfully: Contemporary Issues and Practices in Health Ministries*
 10:30am – 11:00am Break/Exhibitors
 11:00am – 12:15pm Concurrent Session Two –
 A. *Practices and Spiritual Care for the Dying and Bereaved*, J. Dana Trent, MDiv.
 B. *Life and Death: A Community Approach to Preventing Suicide*, Cari Moodie, BSN, RN and Christy Porter, LMSW

12:15pm – 1:45pm Lunch and Award Presentations
 1:45pm – 2:00pm Break/Exhibitors
 2:00pm – 3:15pm Concurrent Session Three –
 A. *Moving into Community: Development of Neighborhood Nurse Centers*, Cynthia Wacker, MSN/Ed, RN
 B. *Physical Therapy for Older Adults*, Lisa Dehner, PT, BSPT, PhD and Erin Hofmeyer, PT, DPT
 3:15pm – 3:45pm Break/Exhibitors
 3:45pm – 5:00pm Concurrent Session Four –
 A. *Tai Chi – An Innovative Community Based Program to Address Fall Risk in Older Adults*, Nicole Ayer, BSN, RN-BC
 B. *The EPIC Journey and a Three-Year ED Study of those Experiencing Homelessness*, Debbie Garwood, BSN, RN & Charlotte Evans, MSN, RN
 5:00pm – 6:00pm Break before dinner
 6:00pm – 6:45pm Social time
 6:45pm – 9:00pm Anniversary Gala Dinner and Entertainment – Northern Kentucky Brotherhood Singers
 9:00pm Adjourn

Monday, October 14, 2019

7:00am – 8:00am Registration
 7:30am – 8:30am Breakfast Buffet
 8:30am – 10:00am Keynote: Glen Evans, BA, EMT-B – *Safety in Today's World: Is Your Faith Community Ready? Part One*
 10:00am – 10:15am Break
 10:15am – 11:45am Keynote: Glen Evans, BA, EMT-B – *Safety in Today's World: Is Your Faith Community Ready? Part Two*
 11:45am – NOON Break
 12:00pm – 1:00pm HMA Business Meeting
 1:00pm – 1:30pm Conference Closing/Evaluations/Adjourn

"Being with all of you is a positive, powerful experience. The folks who come to this conference are dedicated to the grace that is given to them and it flows out to everyone." - 2018 conference attendee