

## Assessment - Youth Report

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Chart No. \_\_\_\_\_

Date: \_\_\_\_\_

### General

1. Briefly explain why you are seeking treatment for your child:

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2. How long has this been a problem? \_\_\_\_\_

3. What have you done to try and correct the problem up to this point?

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4. Has your child ever been in counseling before (mental health, chemical dependency or hospitalizations)?

No

Yes: If yes please explain.

Mental Health: \_\_\_\_\_

Chemical Dependency: \_\_\_\_\_

Hospitalizations: \_\_\_\_\_

5. Who lives in the household and what is their relationship to your child?

Name	Age	Relationship to your child
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

6. Who is primarily responsible for the care of your child? List all that apply.

Name	Age	Relationship to your child
_____	_____	_____
_____	_____	_____
_____	_____	_____

Client name: \_\_\_\_\_  
Chart number: \_\_\_\_\_  
Date: \_\_\_\_\_

7. What are the most common disciplinary techniques used in the household? (Verbal reprimands, yelling, ignoring, time-out, grounding, removal of privileges, spanking, etc.)

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8. Are discipline techniques used consistently and with good follow-through?

No       Yes

9. Are current disciplinary techniques effective at controlling undesirable behaviors?

No       Yes

10. Does your child respond to one parent or care-taker's disciplinary measures better than another?

No       Yes: If yes, who \_\_\_\_\_

11. Has your child experienced any of the following?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Parental Divorce   | <input type="checkbox"/> Parental Separation    | <input type="checkbox"/> Death of a Parent         |
| <input type="checkbox"/> Death of a Sibling | <input type="checkbox"/> Death of a Grandparent | <input type="checkbox"/> Death of a Close Friend   |
| <input type="checkbox"/> Financial Problems | <input type="checkbox"/> Parental Alcoholism    | <input type="checkbox"/> Parental Drug Abuse       |
| <input type="checkbox"/> Domestic Violence  | <input type="checkbox"/> Physical Abuse         | <input type="checkbox"/> Verbal Abuse              |
| <input type="checkbox"/> Sexual Abuse       | <input type="checkbox"/> Family Bankruptcy      | <input type="checkbox"/> Prolonged Marital Discord |

12. Has any member of your family ever been diagnosed with a mental illness or substance abuse problem including alcoholism. (This would include extended family such as grandparents and aunts and uncles.)

No       Yes: If yes, please provide further details.

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13. Was your child born premature?

No       Yes: If yes, please provide details.

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14. Birth Weight: \_\_\_\_\_ lbs.      \_\_\_\_\_ oz.

15. Approximately what age did your child first begin the following:

Walking \_\_\_\_\_ Talking \_\_\_\_\_ Toileting \_\_\_\_\_

Child's Name:	_____
Chart No.:	_____
Date:	_____

## Medical History

16. Does your child have any immediate health problems (colds, injuries)?

No                       Yes: If yes, please explain.

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17. Does your child have any chronic (longer-term) health problems (asthma, seizures, allergies, pain)?

No                       Yes: If yes, please explain.

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18. Does your child have any developmental disorders (mental retardation, learning disabilities, hearing disabilities, speech problems, etc.)?

No                       Yes: If yes, please explain.

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19. Has your child ever sustained any serious head injuries (been knocked unconscious, been in a car accident, fight, etc.)?

No                       Yes: If yes, please explain.

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20. Is your child currently under the care of a physician?

No                       Yes: If yes, who and for what conditions.

Doctors Name \_\_\_\_\_ Phone \_\_\_\_\_

Conditions being treated: \_\_\_\_\_

21. Is your child currently on any medications?

No                       Yes: If yes, please list:

Medication	Dosage	Date Started
_____	_____	_____
_____	_____	_____
_____	_____	_____

22. Please list all previous mental health medications:

Medication	Dosage	Date Started	Date Stopped
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

<b>Client name:</b> _____
<b>Chart number:</b> _____
<b>Date:</b> _____

**23. Please rate the nutritional value of your child's total daily diet intake. Good \_\_ Fair \_\_ Poor \_\_**

If Fair or Poor, please explain: \_\_\_\_\_

Please check any of the following that apply.

- |  |   |
|--|---|
| <input type="checkbox"/> Significant weight gain/loss in the last six months | <input type="checkbox"/> Problems chewing or swallowing |
| <input type="checkbox"/> Food/drug allergies                                 | <input type="checkbox"/> Dieting                        |
| <input type="checkbox"/> Overeating or eating too little                     |   |

If any box is checked please explain: \_\_\_\_\_

**24. Does your child have any functional limitations that affect daily living (e.g. physical impairments, problems with self-care or grooming)? Yes \_\_ No \_\_**

If Yes please explain: \_\_\_\_\_

**25. Has your child had a recent vision exam?**

- No       Yes: If yes, please describe results. \_\_\_\_\_

**26. Has your child had a recent hearing exam?**

- No       Yes: If yes, please describe results. \_\_\_\_\_

## **Educational History**

**27. What grade is your child currently in?** \_\_\_\_\_

**28. Where does your child attend school?** \_\_\_\_\_

**29. Circle any grade(s) failed.**      K 1 2 3 4 5 6 7 8 9 10 11 12 None N/A

**30. Circle any grade(s) skipped.**      K 1 2 3 4 5 6 7 8 9 10 11 12 None N/A

**31. What grades does your child normally get in school? (Circle all that apply)**

- A      B      C      D      F

**32. Have there been any tendencies toward improving or deteriorating school performance over the years?**

- No       Yes: If yes, please explain.

**33. What are your child's strongest subjects in school? (Circle all that apply)**

- Math    History    English    Reading    Spelling    Science    Social Studies    N/A

**34. What are your child's weakest subjects in school? (Circle all that apply)**

- Math    History    English    Reading    Spelling    Science    Social Studies    N/A

<b>Child's Name:</b> _____
<b>Chart No.</b> _____
<b>Date:</b> _____

36. Has your child ever been:

- |                        |                          |    |                          |     |
|------------------------|--------------------------|----|--------------------------|-----|
| Reprimanded at school: | <input type="checkbox"/> | No | <input type="checkbox"/> | Yes |
| Served detention:      | <input type="checkbox"/> | No | <input type="checkbox"/> | Yes |
| Been suspended:        | <input type="checkbox"/> | No | <input type="checkbox"/> | Yes |
| Been expelled:         | <input type="checkbox"/> | No | <input type="checkbox"/> | Yes |

If Yes was checked, please explain why \_\_\_\_\_

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37. Has the school ever performed psychological or educational testing with your child?

- No       Yes: If yes, why and what was the outcome.
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## Social Development

38. Does your child have many friends?

- No       Yes

39. Does your child make friends easily?

- No       Yes

40. What are the most common activities that your child engages in? (Bike riding, playing with friends, watching T.V., etc.) \_\_\_\_\_

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## Behavioral Assessment

41. Has your child ever been in trouble with the legal authorities?

- No       Yes: If yes, please explain.
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42. To your knowledge, does your child use tobacco?

- No       Yes: If yes, how often, how much and for how long?
-

<b>Client name:</b> _____
<b>Chart number:</b> _____
<b>Date:</b> _____

**43. To your knowledge, does your child drink alcohol?**

No                       **Yes:** If yes, how often, how much and for how long? \_\_\_\_\_

When was the last time? \_\_\_\_\_

How many drinks? \_\_\_\_\_

**44. What problems has your child suffered as a result of his/her drinking? (Check all that apply.)**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Arrest              | <input type="checkbox"/> DUI                | <input type="checkbox"/> Peer Problems     |
| <input type="checkbox"/> Public Intoxication | <input type="checkbox"/> Financial Problems | <input type="checkbox"/> Arguments         |
|  |   | <input type="checkbox"/> None of the Above |

**45. To your knowledge, has your child ever tried any drugs?**

No                       **Yes:** If yes, what drug? \_\_\_\_\_

**46. To your knowledge, does your child use any drugs?**

No                       **Yes:** If yes, how often and for how long? \_\_\_\_\_

When was the last use? \_\_\_\_\_

What drug was used and how much? \_\_\_\_\_

**47. Which of the following drugs has your child used in the last 6 months?**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Marijuana / "Pot"     | <input type="checkbox"/> Cocaine                | <input type="checkbox"/> Pain Killers          |
| <input type="checkbox"/> LSD / "Acid"          | <input type="checkbox"/> Amphetamines / "Speed" | <input type="checkbox"/> Sedatives / "Downers" |
| <input type="checkbox"/> Inhalants / "huffing" | <input type="checkbox"/> Other _____            | <input type="checkbox"/> None of the Above     |

**48. To your knowledge, is your child sexually active?**

No                       Yes

**49. Does your child have concerns about his/her sexual orientation or sexual experiences?**

No                       Yes

**50. Is your child pregnant or the parent of a child?**

No                       **Yes:** If yes, please provide further details.

**51. Who has legal custody of your child?**

- Both Parents       Mother only       Father only       Other guardian

If Other guardian, please indicate name: \_\_\_\_\_

# Assessment - Youth

## YOUTH SYMPTOM CHECK LIST:

- 0) None:
- 1) Mild: Some Times/Some Concern/Brief Episode
- 2) Moderate: Often/Significant Worry/Lasts for a While
- 3) Severe: Very Often/High Intensity/Continuous

<b>Child's Name:</b>	_____
<b>Chart No.</b>	_____
<b>Date:</b>	_____

<b>I</b>	
Rather be alone	
Refuses to talk	
Secretive	
Shy, Timid	
Irritable	
Sulks	
Underactive	
Sad	
Lonely	
Cries a Lot	
Fears Going to School	
Needs to be Perfect	
Feels Unloved	
Feels Picked On	
Feels Worthless	
Nervous, Tense	
Fears Animals, Places, Situations	
Anxious	
Self Conscious	
Worries	
Over Conforms	
Feelings Easily Hurt	
Anxious To Please	
Afraid to Make Mistakes	
Trouble With Sleep	
Anxious if Separated from	
Nightmares	
Failure to Speak in Some Settings	
Changes/Problems with Eating	
<b>II</b>	
Feels Dizzy	
Overtired	

Aches, Pains	
Headaches	
Nausea	
Rashes	
Stomachaches	
Vomiting	
Wets Self Day or Night	
BM Accidents or Smears BM	
<b>III</b>	
Acts too Young	
Too Dependent	
Poor Peer Relations	
Gets Teased	
Clumsy	
Prefers Younger Children	
Overweight	
Accident Prone	
<b>IV</b>	
Concentration Problems	
Difficulty Sitting Still	
Restless	
Energetic	
Talks Excessively	
Difficulty Waiting Turn	
Interrupts Others	
Looses Things	
Easily Distracted	
Forgetful	
Daydreams	
Impulsive	
Fidgets	
Difficulty Following Directions	
Messy Work	

Makes Careless Mistakes	
Poor Listening Skills	
Poor Organizational Skills	
Twitches	
Hums, Odd Noises	
<b>V</b>	
Can't Get Mind Off Thoughts	
Hears Things	
Sees Things	
Repeats Acts	
Strange Behaviors	
Strange Ideas	
<b>VI</b>	
Argues	
Brags	
Mean to Others	
Demands Attention	
Destroys Own/Other's Things	
Disobedient at School	
Disobedient at Home	
Jealous	
Fights	
Attacks People	
Screams	
Shows Off	
Stubborn	
Easily frustrated	
Sudden Mood Changes	
Temper Tantrums	
Threatens	
Disturbs Others	
Disrupts Class	
Explosive	

