

TRY TOLERANCE:

making the most
OF OUR DIFFERENCES.

TOL•ER•ANCE

(noun) Accepting feelings, behaviors or beliefs that are different from your own.



PARENT'S GUIDE TO TOLERANCE DAILY EXERCISES FOR BUILDING CHARACTER.

An important part of living well with others is appreciating the good things each one can bring to life. We're all different. And thank goodness for that! We need farmers as much as we need firefighters. But if we were all the same, it would be very hard for us to survive and thrive. Teach your child tolerance this month through your words and your example.

- **DINNER TALK:** Tell a story about how you met someone who held beliefs that were different from yours. How did you feel? How did the story end? What could have made the story better? Ask your child to tell you a similar story.
- **DISCOVER HELEN:** Find a library book or online article about Helen Keller. Read about her life together aloud. Discuss how she was different, how she learned to overcome those differences, and how it changed her life.
- **LIFE LESSON:** Not every behavior should be tolerated. Criminal or threatening behavior is wrong, and we should not have to tolerate it. Discuss with your child how to respond to friends or others who may be acting in cruel or harsh ways.

Be sure to review your child's completed Tolerance newsletters. Work with them to complete any unfinished sections and SIGN AND DATE IT on the back. Remind your child to return the signed newsletter to their teacher the next day.