

# DON'T BREAK THEM— HELP MAKE THEM.

Following rules can be hard sometimes. But we have them for our own good. And the rules you don't like now will make more sense when you're grown-up (just ask your teacher, parent, or grandparent!) But rules can change over time. If you don't understand a rule, talk with your teachers or parents about it. Who knows? You might be able to get it changed. It happens all the time, and it is one of the things that makes our country so great.



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## Who MADE UP THESE RULES ANYWAY?

### RULE

(noun) A statement that tells you what is or is not allowed.





# Imagine for a minute **THAT THERE WERE NO RULES.**

You could do whatever you wanted. You could wear any clothes to school, go to bed at 4 AM, or drive a car when you're 12. It sounds like fun at first. But remember, others would be able to do that too. That's when the fun stops! ◀



## Rules can be cool.

There are different kinds of rules. Some are less important, like rules for a game. It's not the end of the world if you break them, but think about it: how much fun would any game really be if there were no rules? Imagine playing soccer, and someone decides to catch the ball with his/her hands and throw it into the goal. Without setting limits—or rules—for the game, it's just not fun.

Other rules are more important, like the ones your parents set. Bedtimes are set to make sure you get enough sleep to have the energy you need to take on your day. Rules about fighting with your brothers and sisters make sure no one gets hurt. And having chores makes sure everything around the house is clean and comfortable for everyone.



## Really important rules are laws.

Break these, and you could get into a lot more trouble than just getting grounded! Rules keep peace in our society, and make sure that we don't hurt ourselves and each other.



Write down a rule that you think is good, and explain why it's important.

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Write down a rule that you don't like, but tell why it's important anyway.

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What are some things that could go terribly wrong if rules are broken?

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