



IT JUST TAKES A LITTLE EFFORT.

Being respectful isn't very hard. Practicing good manners is a great way to start. Saying "please" and "thank you," "no sir," and "yes ma'am" show others that you have respect. Be kind. Obey the rules. Stay out of trouble. Just follow these simple guidelines; and before you know it, everyone will be respecting you.



corelife
BUILD YOURSELF STRONG

SHOW SOME Respect.

.....
RE • SPECT

(noun) *Expressing a feeling
of honor, appreciation and
admiration towards someone.*
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"SHOW SOME RESPECT."

Have you ever heard anyone say this?
What exactly does it mean, and why is it so important?

When you show people respect, you're letting them know that you think highly of them. You listen to what they say and watch what they do; then, whether or not you always agree with them, you admire their words and actions. You value their opinions, you trust their judgment and you believe in them. That's respect.

Respect is earned, not demanded.

There's a difference between respect and fear. Criminals don't respect police officers. They fear them because they know if they're caught, they're going to be punished. Law-abiding people respect police officers, because they value their service, courage and dedication.



My respect list

Take a minute to list five people you respect and at least one reason why you respect them.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

When you give it, you'll get it.

Respect is earned as you grow up. No one really "respects" babies. People love them, of course, but you can't be respected until you've had a choice to make decisions and prove you will do the right thing. But respect isn't just given to grown-ups. When you treat others the right way, they'll usually do the same for you. That's called mutual respect, and you're never too young to earn it.

What can you do to earn respect from different people in your life? Jot down a few ideas.



PARENTS



TEACHERS



FRIENDS

