

Becoming a parent is extremely rewarding, but also sometimes intimidating.

The providers and staff at St. Elizabeth Physicians are right here to guide you from your baby's first visit and beyond.

Inside you will find a general overview of what to expect at your child's well visits for the next two years.

Our providers are here for you and your child. We offer access to MyChart where questions can be answered and a physician is on call 24 hours a day.



Communicate with your provider – Get answers to your medical questions from the comfort of your own home

Access your test results – No more waiting for a phone call or letter – view your results and your doctor's comments within days

Request prescription refills – Send a refill request for any of your refillable medications

Manage your appointments – Schedule your next appointment, or view details of your past and upcoming appointments

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WELL-CHILD VISITS: THE FIRST TWO YEARS

A visit by visit guide of wellness exams



WELLNESS VISITS

BIRTH: Your baby will be evaluated by a provider while in the hospital who will do a head to toe exam to ensure there are no concerns. A hearing test will be completed, congenital heart screening performed and a bilirubin level will be checked. Your baby's weight, height and head circumference will be measured. You may also meet with a Lactation consultant if you choose to breastfeed. Your baby will also receive their first Hepatitis B vaccine. ●

3-5 DAYS: You will meet with your baby's primary care provider in the office. This visit is to assess how baby is eating, how much weight s/he has lost and if you have any concerns. Sometimes you will be asked to do an additional weight check after this visit if needed.

1 MONTH: Assessment of weight and early development will be done at this visit, along with addressing any concerns or questions you may have. Your baby's provider may also ask how mom is feeling and to screen for depression in the mother after pregnancy.

2 MONTHS: Assessment of weight, development and immunizations at this visit. Your baby will have started to smile at you by this time and should be much more alert than when first born! ●●●●

4 MONTHS: Assessment of weight, development and immunizations at this visit. Your baby may be starting to roll over and make cooing sounds. ●●●●

6 MONTHS: Assessment of weight, development and immunizations at this visit. Your baby may be starting to sit without help, hold toys in their hands and make happier noises. ●●●●●●

9 MONTHS: Assessment of weight and development at this visit. No immunizations unless it is influenza season. Your baby may be starting to pull to a standing position, move along furniture or crawl. ●

12 MONTHS: Assessment of weight, development and immunizations at this visit. A blood test to check for anemia and lead level may be ordered by the provider. Your baby may be starting to walk at this time, as well as saying things like "mama" and "dada". ●●●●●

15 MONTHS: Assessment of weight, development and immunizations at this visit. Your child will be starting to point, wave "bye-bye", and let you know what they want without crying. ●●

18 MONTHS: Assessment of weight, development and immunizations at this visit. A screening tool may be used during this visit to assess for early signs of Autism Spectrum Disorder. Your child's vocabulary is really starting to take off. ●●●

24 MONTHS: Assessment of weight, development and immunizations at this visit. Your child's speech will be evaluated and any concerns will be addressed. ●

Vaccine schedule may vary slightly from office to office. Flu vaccine is needed seasonally only.

Vaccine	Disease	Spread by	Symptoms	Complications
Pentacel Dtap	Diphtheria	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
	Pertussis	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
	Tetanus	Exposure through cuts in skin	Stiffness in neck and abdominal muscle, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death
Pentacel Hib	Haemophilus	Air, direct contact	May be no symptoms unless bacteria enters the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe), pneumonia (infection in the lungs), death
Pentacel IPV	Polio	Air, direct contact, through mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Hep B	Hepatitis B	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice, joint pain	Chronic liver infection, liver failure, liver cancer
Prevnar	Pneumococcal	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	Rotavirus	Through mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
MMR	Measles	Air, direct contact	Rash, fever, cough, runny nose, pinkeye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
	Mumps	Air, direct contact	Swollen salivary glands (under jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of the testicles or ovaries, deafness
	Rubella	Air, direct contact	May be no symptoms, rash, fever, swollen lymph nodes	Very serious in pregnant women, can lead to miscarriage, stillbirth, premature delivery, birth defects
Varicella	Chickenpox	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Hep A	Hepatitis A	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice, dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders
Influenza	Flu	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)