

STAYING INFORMED

Multidisciplinary medical rounds occur every morning beginning at 9am. Parents are encouraged to attend and participate. This is an opportunity to ask questions of the care team and learn more about the plan of care for your baby.

- Parents are also encouraged to call the unit for updates on your baby when you cannot be present.
- Parents will be asked to provide the CSN# from their identification bracelet when calling the unit for telephone information.
- Information about your baby will given to parents only.
- Shift change occurs at 7am/7pm.
If possible, please try to avoid calling during these time periods.
- At times, the nurse caring for your baby may be unable to answer your telephone call at the moment you are calling. You may be directed to call back.

St. Elizabeth Edgewood

1 Medical Village Drive
Edgewood, KY 41017
(859) 301-2000

St. Elizabeth NICU

(859) 301-2421



NEONATAL INTENSIVE CARE UNIT (NICU)



Congratulations on the birth of your new baby.

On behalf of the Neonatal Intensive Care Unit (NICU) at St. Elizabeth Healthcare, we would like to welcome you to the unit. We understand that having a baby in the NICU is concerning and that you may be feeling worried or anxious. You can be confident that your baby is receiving the best care by our highly specialized medical team. Please know that we will keep you well informed about the care of your baby and provide support along your NICU journey.

The St. Elizabeth NICU recognizes the integral role that families play in the delivery of healthcare and is committed to providing a family-centered care environment. Parents are welcome in the NICU 24 hours a day and are encouraged to spend as much time with their baby as possible.

SECURITY

Your baby's safety is our priority. The following measures have been established to optimize security.

- The NICU is a locked unit. All visitors must identify themselves before being granted access to entry into the unit.
- Parents will need to show their identification bracelet before entry into the unit.
- All other visitors will need to show their photo ID each visit.
- Departure from the unit must be through the front entrance.

St. Elizabeth Healthcare has a zero tolerance policy for all forms of aggression and violent behavior. Failure to comply with this policy may result in removal from the unit and facility.

SIBLING VISITORS

Siblings of the baby who are at least 2 years of age are permitted to visit in the NICU daily between 8am to 8pm. During high-infection times, such as the flu/RSV season, sibling visitation may be restricted. Siblings must be supervised by an adult while in the

NICU or NICU family lounge. Staff are not permitted to provide supervision.

OTHER VISITORS

In addition to the parents, 6 other adults may be designated to visit the baby in the NICU daily from 8am to 8pm. These designees must be accompanied by a parent of the baby at all times. The 6 designees will remain the same throughout the baby's stay and will be required to show their photo ID upon entry to the unit each time.

- To protect the health of the babies in the NICU, all visitors must be free of symptoms of illness.
- Due to space limitations, only 4 visitors per bedside at a time.
- In order to maintain the privacy of other families, visitors are asked to remain at the bedside of the baby being visited and not explore other bedside/areas of the unit.

HAND HYGIENE

Hand washing is one of the most important ways to help prevent the spread of infection and illness. This is especially important in the NICU where exposure to germs can have serious effects on fragile babies. All visitors will be instructed to wash their hands and use hand antiseptic upon entering the NICU each time. Frequent use of hand sanitizer before and after touching your baby and the areas around your baby's bedside is also strongly recommended.

FAMILY LOUNGE

Located directly in the unit, the NICU family lounge is a designated area for families to relax, take a break from the bedside, watch television, or enjoy a meal. The room is equipped with a television, refrigerator, microwave, and sink for your convenience.

Meals can be purchased and delivered to the family lounge by St. Elizabeth Nutrition Services or Best Upon Request Concierge Services. Menus available upon request.

St. Elizabeth Nutrition Services
(859) 301-2600 | 6:30am to 8pm

Best Upon Request Concierge Services
(859) 468-8937 | Mon - Fri, 9am to 6:30pm
Sat - Sun, 9am to 3:30pm

Please label stored food in the family lounge with the current date and your last name or bedspace number. No food or drink, other than water, is allowed at the bedside.

NIC VIEW™ CAMERA SYSTEM

Nic View™ is a camera system that can be placed at your baby's bedside in the NICU to allow you to view your baby in real time, 24/7. Through a secure online portal, the camera delivers an image stream to view your baby via laptop, smartphone, or tablet. Nic View™ can add peace of mind and help develop bonding when you are unable to be at the bedside.

Once you have signed a consent form, you will be provided unique log-in credentials. You may share these credentials with other family and friends as you please. To access private streaming images of your baby, visit: www.nicview.net. Enter your unique log-in username and password to connect. Once you are logged in, you will start receiving streaming images of your baby. However, if the nurse is caring for your baby, the camera may be temporarily "off line" in which case you will see an "off-line" image. Please check back shortly.



- If your baby is under phototherapy, the color may be distorted.
- If a blanket is covering your baby's incubator, your view may be darkened.
- If you are having technical trouble or need assistance logging in, please call 855-Nic-View.