

FEEDING IN THE NICU

Who

- **Lactation** will work to support milk production and assist breastfeeding mothers.
- **Speech Therapy** will help support your baby's progression to safe and efficient oral feeding.

What

- **Lactation** will assist with pumping, increasing your milk supply, monitoring breast health, and assist with latching for effective breastfeeding.
- **Speech** will help you learn your baby's feeding cues, signs of stress and stability, teach supportive positioning, and feeding techniques.

How

- **Speech and Lactation:**
- will meet with you to review your long term feeding goals.
- work with you throughout your admission to assist with breastfeeding and bottle feeding techniques, support development, and review bottle options.

Why

- Your baby should be comfortable and enjoy feeding to promote long term feeding success.
- Consistency is important as babies learn to feed.
- As the quality of feeding improves, the volume will begin to increase.