

Volunteer Partners Program

The Volunteer Partners Program is a new opportunity for students aged 12-13 to partner with a relative/guardian over the age of 21. The program pairs the adult and younger volunteer for a shift with a St. Elizabeth gift shop or information desk.

Many middle-school age kids want to put in service hours for church or school, and this is a perfect opportunity to do so.

Volunteer Partners will be interviewed and placed as a pair. A minimum commitment of 20 weeks of service is required.



Visit:

www.stelizabeth.com/Volunteer-partners
or call the Volunteer Office at
301-2140

Please give a warm welcome to the *NEW VOLUNTEERS* who joined our team in October!

Mike Bohman ~ Becky Cline
Kambra Crist ~ Susan Hayden
Ashley Ives ~ Cindy Johns
Gladys Johnston ~ Divine Kizer
Danielle Lauer ~ Madison Long
Diana Lungu ~ Alicia Prew
Timothy Rawe ~ Shirley Ringo
Teresa Ryan ~ Kristine Schultz
Marlene Snodgrass

Welcome

Volunteer Christmas Week **December 11-15**



During this holiday season, we are thankful for your dedicated service to our patients, visitors and staff throughout the year.

As a token of appreciation, we will have some gifts to share with you, including a box of Esther Price chocolates from Garren Colvin, our CEO, which may be picked up at the location of your choice.

Edgewood

Please stop by our “Open House Space” in the **Women’s Wellness Conference Room** (behind the Boutique on the 1st floor) between December 11-15 from 8:00 am to 4:00 pm

Open until 6:30 pm on Wednesday, December 13

Covington

Your gift will be delivered to you by your area supervisor

Grant County

Please see Melissa Shipp beginning December 11 for your gifts

Hospice

Volunteers may stop in Debbie’s office beginning December 11 for your gift.

Florence

Please stop by the Volunteer office December 12-16 from 8:00 am to 4:00 pm

Ft. Thomas

Please stop by the Volunteer office December 12-16 from 8:00 am to 4:00 pm

FLU Shot Documentation

For those of you who have yet to receive the flu vaccine, Employee Health will be providing flu shots free of charge to volunteers at St. Elizabeth facilities on select dates and times as posted in Volunteer Offices and emailed to you.

If you receive your flu shot outside of St. Elizabeth, a copy of your medical provider's paperwork must be turned in to the Volunteer Office to confirm compliance; no later than **Wednesday, December 6, 2017**.

All volunteers are required to receive an influenza vaccination by **Wednesday, December 6**. If you do not meet this deadline, you will be unable to volunteer until you provide the documentation or until May 1, 2018

Cold vs. Flu – What You Need to Know



It's that time of year—you notice a woman on the elevator sneezing and you look for an escape, or one of your co-workers insists on coming to work even though he is coughing and sneezing. Then, you wake up one morning and you are feeling sick but you aren't sure if it is a common cold or the flu.

There is one tell-tale sign of the flu—fever with body aches and chills. The flu tends to hit suddenly and last seven to ten days. A cold tends to come on more gradually. Both the common cold and the flu are a virus that affects the respiratory tract and causes sneezing, stuffy nose, cough and a sore throat.

“Both a cold and the flu are viral infections and antibiotics are rarely indicated,” said Dr. Drew Byers, St. Elizabeth Physicians at Dry Ridge Primary Care. “But if you have the flu, there is a medication that can lessen the duration and severity of the illness.”

How do I treat a cold or flu?

If you are experiencing the fever, body aches and chills that indicate you may have the flu, get to your doctor early. Dr. Byers also warns, “during the flu season (October- May), it is important to be seen early if you have symptoms of the flu, especially if you are elderly, have chronic heart and lung conditions, are pregnant, or are a young child.”

Whether you have the cold or the flu it is important to get rest, drink plenty of water, and remember you can be contagious so stay home if possible, wash your hands regularly and cover your mouth when you cough and sneeze.



Target Health Tip



Tell 3 people how grateful you are they are in your life!

Check in the Volunteer Office for the **November** Wellness Calendar.

Culture of Caring Donation Request

Culture of Caring is our regular corner where we share *WISH LIST* items that have been requested by a department that provide a “special touch” to support their patients and families.

There is no expectation for you to contribute, but if it speaks to you, please do!

In November and December, we are collecting donations for holiday magazines.

Your generous donations can be dropped off at any Volunteer Office.

FT. THOMAS

\$5 Jewelry

Tuesday, Nov. 7 - 10 am thru-
Wednesday, Nov. 8 at 3pm
Main Lobby

FLORENCE

Simply Silver

Thursday, Nov. 16 - 7am-5pm
Friday, Nov. 17 - 7am-3pm
Gift Shop Lobby

GIFT SHOP



Sales benefit patient services