



NOVEMBER 11, 2017

St. Elizabeth Healthcare and the PrimeWise staff **thank, salute and honor our Veterans!**

Walk for Your Health

Across four of the St. Elizabeth campuses, you will find a total of seven different walking paths that range in distance to meet your personal physical fitness needs. The trails provide patients, visitors, and associates with a place for exercise as well as for quiet rest and contemplation. The directions for the paths are available on the St. Elizabeth website: www.stelizabeth.com, click on the COMMUNITY OUTREACH tab, then Walking Paths. Enjoy and walk!

SAVE THE DATE

Northern Kentucky Winter Senior Games

Tuesday, January 9, 2018
For more information call (859) 334-2117

November is National Family Caregivers Month

Are you a Caregiver? PrimeWise thanks you for the amazing care and help you give. Please make time to attend the Northern Kentucky Family Caregiver Support Luncheon. For more information contact Dee Neary @ (859) 283-1885 or deetra.neary@nkadd.org. Please call in September for details.

PrimeWise Caregiver Support Group

You are always there for and assisting your loved one(s). It is essential to also care for yourself. One of the most helpful ways, is to attend a Group where you can connect with others that understand that this journey has ups, downs and many surprising bends in the road. The PrimeWise Caregiver Support Group meets monthly from 7-8:30 p.m. on the second Thursday. Call (859) 301-5999 or email primewise@stelizabeth.com for the location. Don't wait any longer.

For a complete listing of support groups, please go to www.stelizabeth.com/primewise to read the expanded version of the Update.

Medicare Open Enrollment for 2018

Open Enrollment is a time for Medicare beneficiaries to:

- Review and compare their Part D Prescription Drug Plan
- Review and compare their Medicare Advantage Plan (HMO, PPO, PFFS)

It's worth it to take the time to review and compare each year, to make sure you have the best plan for you! But you don't have to do it alone. Medicare and St. Elizabeth PrimeWise are available to help.

- Visit Medicare.gov/find-a-plan to compare your current coverage with all the options that are available in your area, and enroll in a new plan if you decide to make a change. PrimeWise has a Step-by-Step Guide to assist you. Find it on our website (stelizabeth.com/primewise) or call the office to request a copy.
- Call 1-800-MEDICARE (1-800-633-4227) 24-hours a day/7 days a week to find out more about your coverage options. TTY users should call 1-877-486-2048.
- Get one-on-one help from your State Health Insurance Assistance Program (SHIP). Visit Medicare.gov/contacts or call 1-800-MEDICARE to get the phone number.

October 15 - December 7
TIME FOR YOU TO REVIEW!



- Get one-on-one help from St. Elizabeth PrimeWise staff or a volunteer. PrimeWise will start taking appointments on Wednesday, September 27, 2017. Call (859) 301-5999 for an appointment. Limited number of appointments available. You do have to be a PrimeWise member to set up an appointment. If you are not a member just ask the office volunteer who answers our calls how to become a member.
- If you have limited income and resources, you may be able to get Extra Help paying your prescription drug coverage costs. For more information, visit socialsecurity.gov/i1020 or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.



New Medicare Cards Coming

New Medicare Cards will no longer contain Social Security numbers. The Centers for Medicare & Medicaid Services (CMS) is preparing a fraud prevention initiative that removes Social Security numbers from Medicare Cards to help battle identity theft and safeguard taxpayer dollars. The new cards will use a unique, randomly-assigned number called a Medicare Beneficiary Identifier (MBI), to replace the Social Security-based Health Insurance Claim Number (HICN) currently used on the Medicare card. CMS will begin mailing new cards in April 2018 and will meet the congressional deadline for replacing all Medicare cards by April 2019.

BEWARE

There is a scam occurring around the New Medicare Card. Scammers are contacting Medicare beneficiaries by email, phone or letter informing them that they will be able to receive a New Medicare Card sooner if they are willing to pay the amount requested. Medicare and Social Security will NEVER ask for money in order to receive a New Medicare Card earlier than the April 2019 deadline.

Fans 50 and Older Save on Reds Tickets

Fans 50 and older can save on Reds tickets this season with the Senior Citizen Specials, presented by St. Elizabeth Healthcare Orthopaedics.

Eligible fans may purchase select non-premium tickets at half-price in advance of game day only, subject to availability of tickets. This Senior Citizen Special offer excludes Dugout Box, Upper View Level,

Value View and Kroger Bleachers seats. New for 2017: Each ticket includes a free same-day admission to the Reds Hall of Fame & Museum.

St. Elizabeth Healthcare staff will be at the ballpark in the Fan Zone for the Senior Citizen Specials offering free consultations and tips for fans to learn about proper exercises and activities for better orthopaedic care.

Remaining Dates:

- Wednesday, September 6 (12:35 p.m. vs. Brewers)
- Thursday, September 21 (7:10 p.m. vs. Cardinals)

Tickets for Senior Citizen Specials must be purchased in advance of game day:

- Online: reds.com/seniors
- Phone: 513-381-REDS or 877-647-REDS (7337)
- In person: Great American Ball Park ticket windows

PROGRAMS AND EVENTS

Low Impact Flexibility Exercise Classes

Fall is around the corner - stay fit. Register to attend one of these Flexibility Exercise Sessions to increase your balance and range of motion as well as help yourself feel better! We are looking for volunteers to become flexibility exercise instructors, if you are interested call PrimeWise. We will provide training.

-  Tuesdays & Thursdays
(Sessions begin: September 19 and October 10)
-  5:30 to 6:30 p.m.
-  St. Elizabeth Edgewood

- Optional \$5.00 for exercise bands.
- Manual provided free.

Note: Reservations will be accepted for each session two weeks before the first class begins. Members cannot sign up for all classes at once so that we can give all members an equal opportunity to sign up.

Reservations required for all Exercise Sessions: (859) 301-5999. Class space is limited.

What are Medicare Advantage Plans?

Considering a Medicare Advantage plan (HMO, PPO, or PFFS)? How do they work? How do you compare the options? How do you know if it is a good choice for you? Join PrimeWise staff as they explain the ins and outs of Medicare Advantage plans. It is suggested that you attend a PrimeWise Medicare Workshop prior to this program.

To reserve your space today call (859) 301-5999.

-  Thursday, September 21
-  2 to 3:30 p.m.
-  St. Elizabeth Edgewood
Conference Room L

OR

-  Wednesday, November 15
-  3 – 4:30 p.m.
-  St. Elizabeth Florence
Lower Level Conference Room

St. Elizabeth Hosting Pet Therapy Workshop

Would your pet make a good therapy pet? Learn the skills needed to visit safely with your animal in hospitals, nursing homes, classrooms, and other facilities, and then join St. Elizabeth's growing team of pet therapy volunteers! All St. Elizabeth therapy teams must be certified through Pet Partners or Therapy Pets of Greater Cincinnati, their local affiliate. Call St. Elizabeth Volunteer Services at (859) 301-2140 for more information on certifying your pet as a therapy pet or joining St. Elizabeth as a pet therapy volunteer!

Registration is required through Therapy Pets of Greater Cincinnati. To reserve your space today call (859) 604-9108.

-  Saturday, September 16
(pets do not attend this session)
-  9:30 a.m. – 4 p.m.
-  St. Elizabeth Florence
Lower Level Conference Room

Leg Pain: Could It Be P.A.D.?

Join us for an educational session to learn more about your arteries and the symptoms and treatment for Peripheral Arterial Disease or PAD. The speaker will be Dr. Saad Dughman, SEP Heart and Vascular; Cardiology. A free boxed salad entree will be served.

Reservations are required by Wednesday, September 20. To reserve your space call (859) 301-WELL (9355).



-  Wednesday, September 27
-  6:15 to 7:30 p.m.
-  The Lodge at St. Charles Community
Charleston Room
600 Farrell Drive, Covington, KY 41011

Time for Healing Living a Healthy Life with Chronic Conditions

Do you or a loved one suffer from a chronic condition such as heart disease, arthritis, diabetes, or emphysema? If so, do you find your chronic condition hard to manage at times? Then attending this Chronic Disease Self-Management Workshop is key to managing your chronic condition more effectively. This is a six-week program designed to help people with one or more chronic diseases to manage their condition and begin living a more active and fulfilling life. You will learn how to: manage symptoms, set weekly goals that are achievable, work with your doctor, and include fitness and exercise. This workshop is free to participants and all will receive a free workbook and "Time for Healing" relaxation CD.

To reserve your space today call (859) 301-5999. Very Limited Seating.

-  Wednesdays, November 8, 15, 22, 29,
December 13 and 20
-  1 to 4 p.m.
-  St. Elizabeth Covington
Diabetes Center Resource Room
1500 James Simpson Jr Way - Suite 301
Covington, KY 41011

Living Without Limits Series Hand and Wrist

The hand and wrist are comprised of multiple bones, muscles, ligaments, nerves and vessels -- which allow for complex movement and functions for everyday life, work and play. This can make the hand and wrist vulnerable to painful conditions such as carpal tunnel, trigger finger and chronic pain of the hand and wrist. Join us for a FREE educational session to learn more about the conditions leading to hand and wrist pain, as well as ways to treat and manage pain. The speakers include James D. Baker, MD Orthopaedic Surgeon, Hand, Wrist & Elbow OrthoCincy, Jonathan Slaughter, MD Orthopaedic Surgeon, Hand and Wrist OrthoCincy and David Grome, OTR, CHT Certified Hand Therapist at St. Elizabeth Healthcare.

To reserve your space today call (859) 301-5999 or register online at stelizabeth.com/livingwithoutlimits.

-  Wednesday, October 25
-  Registration at 6 p.m.
6:30 to 8 p.m. Presentation w/ Audience Q&A
-  Thomas More College - Saints Center
333 Thomas More Parkway
Crestview Hills, KY 41017

Living Without Limits Series Make Robotic-Arm Assisted Knee Replacement

If you are a candidate for a partial or total knee replacement, then Mako Robotic-Arm Assisted Surgery may be a surgical option to reduce pain and increase mobility. Use of the robotic-arm system brings exceptional accuracy to the surgery --- which can mean the patient has a much better result, with more natural movement and less pain after surgery. Join us to learn more about Mako Robotic-Arm Assisted Surgery for total joint replacement and how it can be the best option for your procedure. The speaker will be Matthew T. Hummel, MD Orthopaedic Surgeon, Total Joint Replacement OrthoCincy. Space is limited, reservations are required.

To reserve your space today call (859) 301-5999 or register online at stelizabeth.com/livingwithoutlimits.

-  Wednesday, September 27
-  Registration with light refreshments at 6 p.m.
6:30 to 8:30 p.m. Presentation w/ Audience Q&A
-  St. Elizabeth Edgewood
Total Joint Center (7th Floor)
1 Medical Village Drive, Covington, KY 41017



Are You Ready to be the Healthiest You Can Be?

Check out one of the Free Medical Weight Loss 1 hour Orientation Sessions for 2017 at the St. Elizabeth Healthcare Weight Management Center. To reserve your space today call: (859) 212-4625 to schedule a date and time (tell them you are a PrimeWise member)

-  Tuesdays (September 5, October 3,
November 7 or December 5)
-  10 to 11 a.m.
-  St. Elizabeth Florence
Weight Management Center
4900 Houston Road, Florence, KY 41042

OR

-  Tuesdays (September 5 thru December 26)
-  4:30 to 5:30 p.m.
-  St. Elizabeth Healthcare
Weight Management Center
4900 Houston Road, Florence, KY 41042

Veterans Appreciation Luncheon



In Honor of All Those Who Served

This Veterans Appreciation Luncheon, sponsored by St. Elizabeth Hospice, is free to any veteran and one spouse or caretaker. The catered luncheon will include veteran specific information and vendors, as well as speakers and music. We are immeasurably grateful for the service and sacrifice of our veterans, defending our nation and our American values. It is their service that has enabled us to live freely in this beautiful country. On this day, and every day, we thank you. Seating is limited, RSVPs are taken on a first come first serve basis.

Reservations required by October 27; call (859) 301-4563 and leave a message.

-  Monday, November 6
-  10:30 a.m. – 1 p.m.
-  St. Elizabeth Training and Education Center
(SETEC)
3861 Olympic Blvd, Erlanger, KY 41018

Brown Bag Lunch - Calling All Veterans

The Veterans Administration offers Aid and Attendance as part of an Improved Pension benefit that is largely unknown. Join us when Attorney Karen Hoskins Ginn, from Legal Aid of the Bluegrass speaks about what "Improved Pension" is and how you can apply for the Aid and Attendance. Lunch will be available for \$5.00 or bring your own.

To reserve your space today call (859) 301-5999.

-  Tuesday, November 14
-  Lunched served at 11:30 a.m.
Presentation Noon to 1 p.m.
-  St. Elizabeth Edgewood
Conference Room L & M

2nd Annual Free Senior Health Clinic Celebration of National Falls Prevention Day

The Senior Health Clinic is hosted by the Safe Aging Coalition of NKY. Vendors will be on hand to offer screenings, education, demonstrations, health information, and breakout education sessions. Healthy snacks, handouts, and door prizes add to the fun. Screenings and services include Flu and Pneumonia shots, vision, falls and hearing screenings, exercise demonstrations, and more. For more information call (859) 250-9134.

No reservations required.

-  Friday, September 22
-  10 a.m. – 2 p.m.
-  Boone County Public Library - Main Branch
1786 Burlington Pike, Burlington, KY 41005

St. Elizabeth Now Offers Same Day Total Hip Replacement

By: **Matthew Grunkemeyer, MD - Orthopedic Surgeon for OrthoCincy**

St. Elizabeth Healthcare and OrthoCincy now offer same day total hip replacement as an alternative to traditional hip replacement. Total hip replacement is one of many outpatient orthopedic surgery options available at St. Elizabeth and OrthoCincy that help you get back to living life without limits.

The outpatient same day total hip replacement surgery was recently performed with outstanding results. In this first case, the patient was walking without a walker or crutches and recovering on schedule two weeks after the surgery.

During the minimally invasive surgery, the damaged portion of the hip is removed and replaced with an artificial hip (prosthesis).

If you have chronic hip arthritis or other hip joint problems, this surgery helps relieve the grinding between the two surfaces of the ball and joint so you can walk and move without pain.

Same day hip replacement surgery is a great option if you meet certain criteria for surgery because it offers a faster recovery time. For more information about the same day total hip replacement surgery or other outpatient and minimally invasive joint replacement surgery options, or to schedule an appointment with Dr. Grunkemeyer, please contact OrthoCincy at (859) 301-2663 and mention you saw this in the PrimeWise Update.



Dr. Matthew Grunkemeyer

Do **Glaucoma** or **Cataracts** Run in Your Family?

Glaucoma and cataracts are two eye conditions that occur more frequently as we get older. A cataract is a clouding of the lens of the eye, which eventually causes impairment of normal daily activities such as driving. Cataracts are also the leading cause of blindness worldwide. Glaucoma, which is a group of diseases caused by increased pressure in the eye, is a leading cause of irreversible blindness worldwide. Join us when Dr. Holland from Cincinnati Eye Institute (CEI) speaks about cataracts and glaucoma. You will learn about the symptoms, how cataracts and glaucoma are diagnosed, and what treatments options are available.



To reserve your space today call (859) 301-5999.

- Wednesday, September 20
- 6 to 7 p.m.
- St. Elizabeth Florence Lower Level Conference Room

What is an **Advance Directive**?

There is often confusion surrounding having a “living will” and having a “will”. These are two entirely separate documents, with different purposes. A “Living Will” or “Advance Directive” lets medical professionals know your preferences regarding end of life care. Decisions such as whether you wish to be kept on life support or not as well as other treatment preferences - if you are unable to communicate your preferences yourself. Attorney Michael Ruberg will discuss how to complete an Advance Directive and Maureen Hebert, RN will share her experiences as both a nurse and a daughter on how an Advance Directive makes all the difference. Invite family members to attend with you-everyone over age 18 should have one!

To reserve your space today call (859) 301-5999.

- Wednesday, October 4
- 10 to 11:30 a.m.
- St. Elizabeth Ft. Thomas Conference Rooms A & B

How Ready Are You for **Social Security**?

Don't miss this dynamic and informative seminar on Social Security presented by Jim Blair, 35 year veteran of the Social Security Administration and Marc Kiner, CPA. This program will cover the basics of Social Security along with planning strategies. More than half of all Social Security recipients leave money on the table — as much as \$10,000/year — as they are not aware that different options exist. Plan before applying for benefits to maximize your Social Security income.

To reserve your space today call (859) 301-5999.

- Tuesday, October 3
- 6 to 7:30 p.m.
- St. Elizabeth Edgewood Conference Rooms L & M

Understanding How **Medicare** Works— Start before you turn 65!

Calling all people 64 years old —you are invited to attend this 2-day workshop to begin to understand the ins and outs of Medicare. The workshop will cover all the main questions such as when to enroll, what Medicare A-B-C-D consists of, how to select the right drug plan, what coverage options you have and the difference between Medicare (Medigap) Supplement Plans and Medicare Advantage Plans.

To reserve your space today call (859) 301-5999.

- Tuesday, November 7 (Day One)
- Wednesday, November 8 (Day Two)
- Two Day Workshop
- 3 to 4:30 p.m. (Day One)
- 3 to 5 p.m. (Day Two)
- St. Elizabeth Florence Lower Level Conference Room



GENEROSITY ENDURES

PLANNED GIVING IS EASY, SMART AND FLEXIBLE.

Legacy gifts to St. Elizabeth help strengthen the health of our community for years to come. Leaving a legacy can be as easy as setting aside a percentage of your estate, donating a retirement asset, or designating life insurance. A legacy gift protects your assets and provides a lasting benefit at the same time.

Your gift matters. As a not-for-profit, St. Elizabeth Healthcare relies on philanthropic support to build and sustain state-of-the-art facilities, equipment, services, research, and programs right here in our community. With a planned gift, you become part of the St. Elizabeth Foundation's Heritage Circle, a special “family” that is committed to improving the health of our community.

We're happy to guide you through the planned giving process. Please call us at (859) 301-3920 or email stefoundation@stelizabeth.com.

Interested in donating today? Mail donations to: St. Elizabeth Foundation, 1 Medical Village Drive, Edgewood, KY 41017. Or, donate online at <https://giving.stelizabeth.com/donate>.

Together we can make a difference.



FOOD FOR THOUGHT Planning Your Healthy Year

A key component to staying healthy is planning your routine healthcare for the entire year. At your wellness visit, you and your doctor will review your:

- Current medications
- Health screening needs
- Medical history
- Vaccinations

Many people schedule their wellness visits around their birthday or at the beginning of each year. If you haven't had your wellness visit for 2017, be sure to call your doctor's office today to schedule.

Why Take the AARP Smart Driver Course?

AARP Smart Driver is the nation's first and largest refresher course for drivers 50 years and older. It has given millions of drivers the skills and tools they need to drive safely on today's roads, allowing them to remain independent for many years to come. People 55 and older may be eligible to receive an insurance discount upon completing the course, so consult your insurance agent for details. The class is instruction only, no driving is involved. Class seating is limited to 25, so call early to register.



Cost: \$15- AARP members / \$20- non AARP members. To reserve your space today call (859) 301-5999.

- Saturday, October 14
- 9:30 a.m. to 1:30 p.m.
- St. Elizabeth Edgewood Conference Room M

SCREENINGS

Medication Overview

Schedule an individual appointment with a St. Elizabeth pharmacist or intern pharmacist supervised by a St. Elizabeth pharmacist, to discuss the effects that your medications can have on you. This is particularly important as we age. Different medications, including over-the-counter drugs, vitamins and herbs, may have different effects or interactions and not be safe for older adults.

What to bring:

- Prescription medicines (including pills and creams).
- Over-the-counter medications.
- Herbal medicines.
- Vitamins and supplements.

Monday, November 6
Appointments: 9:00 – 11 a.m.
St. Elizabeth Florence
Café Conference Room
 To reserve your space today, call (859) 301-5999.

2017 Stroke and Cardiovascular Screenings

St. Elizabeth Cardiovascular Mobile Health Unit has partnered with the BB&T and Remke Markets to bring health and wellness screenings to various locations in the community. For the complete list of screening sites go to www.stelizabeth.com/primewise and read the expanded version of the Update online. For more information on the cost of screenings or to schedule an appointment call (859) 301-WELL (9355).

PrimeWise update

September
October
November
December

2017

Volume 3

PrimeWise Office:

(859) 301-5999

primewise@stelizabeth.com

St. Elizabeth Edgewood

Monday - Friday, 8:30 a.m. to 4 p.m.

St. Elizabeth Florence

Every Monday, 9 a.m. to 3:30 p.m.

St. Elizabeth Ft. Thomas

Every Wednesday, 9 a.m. to 3:30 p.m.

Go to

www.stelizabeth.com/primewise to read the expanded version of the Update online.



St. Elizabeth HEALTHCARE

1 Medical Village Drive
Edgewood, KY 41017

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ORGANIZATION
U.S. POSTAGE

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PERMIT NO. 9867

NEW DOC IN TOWN



PrimeWise would like to welcome Dr. Valerie Williams to SEH. Dr. Williams comes to St. Elizabeth Healthcare as an experienced thoracic surgeon and an expert in lung cancer and complex esophageal disease. She is the only surgeon in the region to offer LINX, a minimally invasive

procedure for patients diagnosed with gastroesophageal reflux disease (GERD). She serves as the national Program Chair for Women in Thoracic Surgery and is a member of their board of directors. She has been recognized as a "Top Doctor" by Cincinnati Magazine for the past five years. Dr. Williams has published more than 15 books and articles, and travels the nation as an invited speaker focusing on topics related to thoracic surgery. To schedule your appointment with Dr. Williams, call (859) 301-2465!

MAYO CLINIC WELLNESS CORNER

What is Shingles?

By Mayo Clinic Staff

Shingles is a viral infection that causes a painful rash. Although shingles can occur anywhere on your body, it most often appears as a single stripe of blisters that wraps around either the left or the right side of your torso.

Shingles is caused by the varicella-zoster virus — the same virus that causes chickenpox. After you've had chickenpox, the virus lies inactive in nerve tissue near your spinal cord and brain. Years later, the virus may reactivate as shingles.

The signs and symptoms of shingles usually

affect only a small section of one side of your body. These signs and symptoms may include:

- Pain, burning, numbness or tingling
- Sensitivity to touch
- A red rash that begins a few days after the pain
- Fluid-filled blisters that break open and crust over
- Itching

Pain is usually the first symptom of shingles. Depending on the location of the pain, it can sometimes be mistaken for a symptom of problems affecting the heart, lungs or kidneys.

While it isn't a life-threatening condition, shingles can be very painful. Vaccines can help reduce the risk of shingles, while early treatment can help shorten a shingles infection and lessen the chance of complications.

Please visit www.stelizabeth.com/primewise to read the complete article.

MEDICARE CORNER

SHINGLES SHOT - HOW OFTEN IS IT COVERED?

The shingles shot isn't covered by Medicare Part A (Hospital Insurance) or Medicare Part B (Medical Insurance). Generally, Medicare prescription drug plans (Part D) cover all commercially available vaccines (like the shingles shot) needed to prevent illness.

Contact your Medicare drug plan or Advantage Plan for more information about coverage.

Traveling Abroad?

Whether you're going on a mission trip or dream vacation, your plans should start at the Business Health Center. Our nurse navigator will ensure your health and safety while you travel by providing appropriate vaccines, information about medication interactions and a comprehensive summary of the current health and safety risks of your destination. To make an appointment call (859) 301-7839.

DISCOUNT DIRECTORY UPDATE

reSettled Life

Senior Transitions and
Estate Auctions

P.O. Box 533
Union, KY 41091

(859) 663-1713

www.reSettledLife.com

10% OFF
Downsizing
Services up
to \$100
Excludes
Auction
Services

The PrimeWise Discount Directory has been updated for 2017. For the current complete list go to www.stelizabeth.com/primewise and click on "Discount Directory" to view and /or print. If you do not have access to the internet call (859) 301-5999 and we will mail you a printed version.

MKL TOURS

Dear PrimeWise Travel Friends,

We've pulled together a sampling of 2017/2018 travel opportunities to tantalize our PrimeWise friends. Everything from day trips to adventures of a lifetime. Please call MKL Tours for all tour details and listings at (513) 232-5487 shared in our upcoming September mailing. See you on the road!

2017/2018 TRAVEL UPDATE **SAMPLE TOURS**

Autumn Breezes on Cape Cod w/ Plymouth & Cottages of Newport	September
Fall Meet at Keeneland	October
New York City: Theatre & More (Space limited) NEW	September
Mackinaw Island: The Grand Hotel	October 12-15
Golden Lamb & Hocking Hills NEW	October
Jack O'Lantern Spectacular & The Haunted Seelbach NEW	October
Christmas in Colonial Williamsburg	November
Daniel O'Donnel / The Letterman / Shoji Tabuchi / & Jim Stafford: Holidays in Branson, MO NEW	November
Indianapolis Symphony: Home for the Holidays (Space limited)	December
Lights Under Louisville	December
Treasure Island, Florida NEW	January 2018
Ixtapan Resort & Spa	February 2018
Indianapolis Flower & Garden with Farm to Table Luncheon NEW	March 2018
7 Day All Cruise to Cuba: Havana, Cienfuegos & Santiago De Cuba NEW	Spring 2018